

SOL 2009

8-11-09  
Yom SolelAwesome

8:00 Wake Up  
8:45 T'fillot and Breakfast  
10:00 Road Paving  
10:30 Make Signs and Cheers  
11:00 Basketball Game  
12:00 Nikayon  
12:45 Lunch/Menucha  
2:30 Tzit-Tzit and Towel Painting  
3:10 Photo Bracha Scavenger Hunt  
4:00 Tzit-Tzit and Towel Painting  
4:45 Bonding Games  
6:00 Dinner  
7:00 Building a Highway

10:00 Road Paving -- Migrash outside of Bunk 26 (Bunk 26)

We will divide the campers up into 6 groups and ask each of them to bring a towel with them. Within their group they will decide who will be the road pavers and who will be the drivers. Each group will need to use only two towels and the road pavers will place one towel in front of the other in order to allow the driver to get from one place to another. Each camper in the group needs to get from the start to the finish and it will be in the form of a relay race to get all their drivers to the finish. Counselors will be assigned to a group and should make sure their group is all participating and following the rules.

10:30 Make signs and cheers -- Migrash outside of Bunk 26 (Bunk 26)

As a member of Machaneh Ramah, we need to support b-side on Berkshires and in order to do that we will make signs and cheers to support our friends on B-side. Each group has one poster board and markers to make a sign or signs and they each need to make up a cheer. Counselors should stay with their groups and make sure they keep the decorating utensils on the paper and make sure every camper is participating and sharing the work.

11:00 Basketball Game -- B-side basketball courts

Counselors should stay bein hachanichim and make sure the campers are drinking water and wearing sunscreen.

12:00 Nikayon

12:45 Lunch -- mirpesse!

2:30 Tzit-Tzit and Towel Painting -- Migrash outside bunk 26 (bunk 26)

As part of our take home project, we are tying tzit-tzit and painting al nitilat yadayim towels. Each counselor will be in charge of their group and needs to keep a very close eye on their paint usage since there is not a lot of paint, the paint is expensive, and we need to return the extra. Three groups will tie tzit-tzit

while the other three groups will paint the towels and then during the next block of time, we will switch.

#### 3:10 Photo Scavenger Hunt – outside (?)

Each counselor should bring their own digital camera with them to this activity. Each group will go around with their counselor and for every letter of the word SOLELIM, they will need to find one thing in camp that starts with the same letter. The group then needs to take a picture of that item with the entire group in the picture and say the bracha for it. Each group will get a siddur with a list of brachot they can use.

#### 4:00 Tzit-Tzit and Towel Painting

The groups will switch.

#### 4:45 Bonding Games – Migrash outside bunk 26 (bunk 26)

They will be divided into 4 groups.

Sitting & standing game: Each group gets a rope tied into a circle. Each person in the group has to hold on to the rope while standing outside the circle and try to sit and stand as a group without letting go of the rope.

Now each group has to go from standing facing each other to standing with their backs toward each other without letting go of the rope.

Now the group can let go of the rope and put the rope in a circle on the floor. They will sit in a circle around the rope and their mission is to count from 1-20 without two people saying the same number at once and without skipping any numbers.

Magic Carpet: Each group will be given a sheet and they all need to stand on it at once. Their mission is now to turn the sheet over without anyone stepping off the sheet.

Hula Hoop: Each member of the group will stick out their index finger in order to balance the hula hoop on it. The group now has to work together to lower the hula hoop to the group, however each camper's finger has to stay touching the hula hoop at all times.

Counselors should stay with their groups and help instruct the campers in what they should be doing.

#### 6:00 Dinner – Ohel

#### 7:00 Building a Highway – Migrash outside bunk 26 (bunk 26?)

Each group will get benches, a picnic table, masking tape, wooden rods, cardboard, and construction paper. They each need to build a highway using their materials in order to get a tennis ball from the start to the finish. Points will be awarded for creativity, and if the ball makes it all the way to the end.

Counselors should help their groups in order to make sure no one gets hurt with unstable benches.