

### Yom UPS

8:15 T'fillot

- At the end of the service, someone will come with a delivery for Rachel Silverman
- Dani and Ilana will pop out of package to announce Yom UPS
  - o We will explain the whole yom: The edah will be split up into four groups or "companies" and throughout the day they will be doing activities to gain them letters and the team with the most letters at the end will win the biggest parcel.

9:00 Breakfast

9:45 Nikayon

- During Nikayon each camper will receive a parcel to tell them which team/ company they are on.
- They will have to dress specifically for their team.
- They will each receive a letter in the letter it will say "What can \_\_\_\_\_ Do for you"

10:30 Rush Hour

- Each team will gather in a corner of the tennis courts
- Each team will have 4 or 5 trucks that they need to fill with people.  
Each truck will be a different kind of truck. The truck that they choose will tell them where they will go after they are freed from the traffic jam.
- There will be one person who is the truck Dispatcher he/she will be in charge of getting each truck out of the traffic jam. Each truck can only move one space at a time. They may only move front, back or side to side. You may also rotate directions. If you have a clear path to the exit then you may move out in one move. The dispatcher hops on the last truck out.
- The different types of trucks are:
  - glitter truck,
  - refrigerator truck
  - tennis ball truck,
  - logging truck,
  - paint truck.
- After they are freed from the traffic jam they will go to the activity that corresponds with the truck that they were in. Glitter truck will do arts and crafts. Refrigerator truck will cook. Tennis ball truck will play a sport. Logging truck will build something. Paint truck will do another type of arts and crafts. When they finish their activity they will receive letters for how good of a job they did.
- When they are finished with their specific activity they may travel with their truck and do more activities to gain their team more letters.
- \*\*\*They MUST travel around to the different stations with their truck\*\*\*

12:30 Lunch and Menucha

2:00 Judaic Activity

- The idea is that we will be in a distribution center.
- In the center there will be three types of Mail
  - o International Mail (God mail)
  - o United States Mail (Others mail)
  - o State Mail (Mail to themselves)
- Each group will have a stack of letter about different Jewish holidays and ideas to deliver to the correct boxes,
- Each box will then be divided into times in which you give the letter, since it is not only important where you letter goes but what time it will arrive in the place.
- Once they have finished delivering all the letter in one box correctly they will get a letter, towards the end goal.
- Once they have delivered all the letters then
- Each camper will write three letters:
  - o 1 to God
  - o 1 to themselves
  - o 1 to someone else in the edah
- After they write these letters they will have to deliver them to the correct boxes.

3:00 Obstacle course

- Start at the A-side Gazebo.
- Mission: Along the way they need to put together and send off their parcel.
- Six stations:
  - o Wrap
  - o Address
  - o Stamp
  - o Water
  - o Air
  - o Land
- End in the amphitheater
- The Team to reach the Amphitheater first will get 10 extra letters added to their collection.

Ending

The Team with the most letters will win the whole day. They will receive a package with a piñata in it. Wrap up the day talking about giving and receiving.

4:30 Tzad-wide water fight

6:30 Dinner

7:30 Peulat Erev Either Book Making or Mishmar

Different Jobs For Staff

Each activity should be about 10 minutes long and should be able to be started and stopped at different times as well as exciting enough to do more than once.

Art activity (Glitter truck) – Arielle

Sand art in different bottles and different colors

Cooking Activity (Fridge Truck) – Hilary

Braiding Challah giving to all of camp

Sports Activity (Tennis Balls Truck) – Yair

Knocking over targets with tennis balls

Paper Airplane Activity (Steel Truck) – Allie

Airplane shooting through hoops

Logging Truck (Building Activity) – Ahnie

Building different things from sticks/popsicle sticks

Three levels of what you can make 1/2/3 they get harder as the levels go up.

Wrap – dig through and ask the wrap the paper/tape

Address- phone book with riddles...

Stamp- Matching stamps to definition

Water- move the bench from one place to another

Air-delivering envelopes long distances on different balls/frisbee

Land-traveling around the world across not touch the floor.

## Judaic Activity

Yom Kippur – food drives and appeal

On this holiday we fast, meaning that we do not eat or drink for one day. We spend most of this time at temple in services. One of the things that many people do before the holiday begins is have a food drive, where we donate canned food to those who need it.

Ushpizin (Sukkot) – inviting guests to meals in Sukkah

On this holiday we make a hut that we customarily eat our meals in. Sometimes people will sleep there too. One special thing that we do is invite guests to have meals with us in our hut.

Chanukah – Gifts

On this holiday we talk about a miracle that happened. One way that we commemorate and remember this miracle is by lighting something. One special thing that we do is give presents to family and friends as well as donate gifts, money, and other things to people who need them.

Tu B'Shevat – Gifts from the Earth

On this holiday we celebrate the birthday of the trees. We are thankful for all of the things that we receive from the earth.

Purim – Matanot L'evyonim (gifts to the poor)

On this holiday we are very thankful that we are Jewish. We celebrate by dressing up in costumes and reading a special story. Another important thing that we do is donate gifts, money and food to the poor.

Mishloach Manot (food gifts)

On this holiday we spend time we people in our community as we all dress up,

celebrate and read a megillah. Many people put together special food baskets that they give to their friends.

Nisan – Maot Chitin (“Let all who are hungry come eat”)

Shavuot – Bikurim (first fruits)

On this harvest holiday when we receive the torah and we give the first fruits.

Receiving the torah

On this holiday we celebrate when we as the Jewish people received the torah from God.

### **Human Rush Hour**

The point of this game is for each truck to make it out of the traffic jam and to their activity. For this team there are \_\_\_\_ trucks. \_\_\_\_ 2 person trucks and \_\_\_\_ 3person trucks. You will begin by choosing one person to be the dispatcher, (let them choose then continue) this person is the only person who is allowed to move the trucks from one spot to another. Trucks can ask permission from the dispatcher to move. Please get into your trucks, your truck can now choose what kind of truck it is going to be. These are the choices..... Glitter, Paint, Tennis balls, Paper, Logging, cooking. After you are free I will tell you where you go to complete the activity. You must stay with your truck at all times. The dispatcher will hop on the last truck out of the jam. Everyone in the truck can only move one space at a time. At each station you can earn envelopes for our company. The more activities you go to the more envelopes you earn, you can also do the activities more than once and earn envelopes. Remember you must stay with your truck at all times.

### **Distribution Center**

Welcome to the distribution center. This is where all mail comes in and out. In front of your group you have a whole stack of mail that needs to be sorted into the right categories. There are three categories International Mail (G-D mail.) USA mail (Others) and State Mail (mail to ourselves). When your group has decided where each letter is supposed to be sorted You then need to find the time in which it needs to arrive at the place. When you have come up with that you can put in the box that is your teams color. All G-d mail is \_\_\_\_\_ all others mail goes \_\_\_\_\_ and mail to ourselves is put \_\_\_\_\_. Good luck for every box you fill your team will get envelopes.

### **Obstacle Course**

Okay -- So we have arrived at the last part of our journey. Today we have learned about working as a company to get things done and how mail gets sorted. Now we are going to learn how a package is delivered from one place to another. Each Team is going to start out with a package. You need to get from Here to the Amphitheater. Each company will begin at a station and at the end of each station the leader will tell you where you are to go next. The Red team will begin at the wrapping station. The Green team will begin at the air station. The blue team will begin at the Land station. The grey team will begin at the water station Have fun and Good Luck!!

# Rush Hour Stations

## Sports Truck

Place: Tennis Courts Materials: Tennis balls, 30 bottles, 8 cans

Each person stands behind the white line (on the moadon side) and throws or rolls a tennis ball, trying to knock down bottles and cans that have been lined up in three rows on the court. For each two that they knock down in the first row they get a letter. They receive the letter after restoring the bottle/can to its position. To get a second letter, they must knock down two bottles/cans in the second row (further away and more spread apart) and for the third letter, they must knock down one bottle/can in the third row, then put it bacl up.

## Building Truck

Place: On the lower migrash on the grass so that the popsicle sticks may be placed in the ground.

Materials: Several sets of cards with pictures from levels 1,2, and 3. 1 large box of popsicle sticks.

When campers get to station they are handed 5 cards with pictures on them – “level 1”. The pictures are 2-D stick drawings that the campers must replicate using popsicle sticks. Campers get a letter after completing all 5 cards. If they choose to stay longer, a letter will be given for replicating 3, more difficult pictures – “level 2”. The campers may also stay for a third level which has 2, even more difficult pictures, after which another letter will be given.

## Steel Truck

Place: The tent on the Lower Migrash or the swings on the Upper Migrash.

Materials: A lot of computer paper, cardboard, string, paint.

Kids will make different types of paper airplanes and stand at different “locations” around the tent, labeled by squares of cardboard, trying to get the planes through rings of cardboard, each painted different colors and with the name of a different airport on them. As the kids make the target, they will be moved farther and farther back to make it harder. Example: First, a kid gets the plane into BWI from JFK. Then from London, from Cairo, and then from Tokyo. There will be enough cardboard ring stations for many kids to be throwing at once, and it can be completed multiple times for envelopes.

## Sand Truck

Materials: Sand, Baby pool, marbles

Kids will exit the Rush Hour game from the Sand truck, and come to the station. A baby pool will be filled with sand and marbles will be hidden inside. Using their feet the campers have to find marbles. Every 5 marbles that they find earns them a letter.

## Refrigerator Truck

The Kids will be braiding Challah. For every Challah that they braid they will earn a letter.

# Stations for the Obstacle Course

## Wrap

There will be a tub of ripped up paper placed 20 feet from four boxes. Each team will have to send one person at a time to run to the tub and grab paper from the box. They will then run the paper back to their box and start taping it on the box. The object is to fully cover the box with paper. Once they do that, they will move to the next station.

Materials: Tub, Recycled Paper, Rolls of tape, 4 Boxes

## Address

At the station, each group is handed 2 riddles and a short address book. The group must solve the riddles in order to figure out who they are sending the package to and where it is from. They must then find the addresses of the places in the short address book and write it on the package.

Material: Riddles, short address book, 8 pens to address the packages.

Place: On a picnic table on the lower migrash

## Stamp

Match up different kinds of stamps

## Water

The Group has to choose out of several paper ships which one they want to use. Most of the ships will have unseen holes in it that will make them drown. We will "check" the ship they choose on the water. The ship they choose will determine how many people would have to be carried on the boat. The group has to carry a kayak on the grass using a rope. The number of kids to be carried will be determined by Step number 1.

Materials: Rope, paper, bucket/U.S. postmail, Kayak

## Air

The mission of this station is to deliver mail by air. There will be envelopes attached to Frisbees, and the team will have to "deliver" them by throwing the Frisbee across the field.

Materials: 4-5 frisbees, 6-7 envelopes

Location: Either upper or lower migrash where there is grass and a lot of space

## Land

Need to get across a certain amount of space not touching the ground and using the countries as "safe".

Dear Rachel Silverman,

Today is Yom UPS. What is UPS you might ask. UPS is the United States Parcel service. They are a company who receives and mails packages. We are writing to you on behalf of the UPS company, where are slogan is "what can Brown do for you?" We hear that you have an Edah that can help us. We need help delivering some letters and packages. We hope that all of you can help us. We have sent a few representatives from our company to help you start your own companies. We hope that you will have a great day delivering Parcels, as well as learning about giving and receiving. For every activity that you help us complete you will earn letters. The Company with the most letters at the end of day will win. After breakfast we are going to have Nikayon and there you will find out which company you have been chosen for.

Thank you,

The Ilanot UPS Team.

YOM UPS

Ilanot 2008 - Tom Meyuhad

More linear write-up for the  
Ranah Program Bank



## Instructions for Running the Program

8:15 T'fillot

- At the end of the service, someone will come with a delivery for the Rosh Edah.

Dear \_\_\_\_\_(Rosh Edah)\_\_\_\_\_.

Today is Yom UPS. What is UPS you might ask. UPS is the United States Parcel service. They are a company who receives and mails packages. We are writing to you on behalf of the UPS company, where are slogan is "what can Brown do for you?" We hear that you have an Edah that can help us. We need help delivering some letters and packages. We hope that all of you can help us. We have sent a few representatives from our company to help you start your own companies. We hope that you will have a great day delivering Parcels, as well as learning about giving and receiving. For every activity that you help us complete you will earn letters. The Company with the most letters at the end of day will win. After breakfast we are going to have Nikayon and there you will find out which company you have been chosen for.

Thank you,  
The Ilanot UPS Team.  
Yom UPS - part 2

- One or Two counselors will pop out of "package" to announce Yom UPS
  - o We will explain the whole yom: The edah will be split up into four groups or "companies" and throughout the day they will be doing activities to gain them letters and the team with the most letters at the end will win the biggest parcel.

Materials: Letter to Rosh Edah

Prepare "package" in the moadon or wherever t'fillot are being held – using large sheets of brown butcher paper that counselors can jump out of, or tear through.

9:00 Breakfast

9:45 Nikayon

- During Nikayon each camper will receive a parcel to tell them which team/ company they are on.
- They will have to dress specifically for their team.
- They will each receive a letter -- in the letter it will say "What can \_\_\_\_ Do for you"

10:30 Rush Hour

This is a "human-sized" version of the game.

- Each team will gather in a corner of the tennis courts
- Each team will have 4 or 5 trucks that they need to fill with people. Each truck will be a different kind of truck. The truck that they choose will tell them where they will go after they are freed from the traffic jam.

- There will be one person who is the truck Dispatcher he/she will be in charge of getting each truck out of the traffic jam. Each truck can only move one space at a time. They may only move front, back or side to side. You may also rotate directions. If you have a clear path to the exit then you may move out in one move. The dispatcher hops on the last truck out.

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- After they are freed from the traffic jam the team will go to the activity that corresponds with the truck that they were in. Glitter truck will do arts and crafts. Refrigerator truck will cook. Tennis ball truck will play a sport. Logging truck will build something. Paint truck will do another type of arts and crafts. When they finish their activity they will receive letters for how good of a job they did.

- When they are finished with their specific activity they may travel with their truck and do more activities to gain their team more letters.

- \*\*\*They MUST travel around to the different stations with their truck\*\*\*

### STATIONS:

Each activity should be about 10 minutes long and should be able to be started and stopped at different times as well as exciting enough to do more than once.

Art activity (Glitter truck) –

Sand art in different bottles and different colors

Materials: bottles or see-through plastic cups

Different colors of sand

Cooking Activity (Fridge Truck) –

Braiding Challah giving to all of camp

Materials: ingredients for challot

Pans

Access to kitchen/ovens

Sports Activity (Tennis Balls Truck) –

Knocking over targets with tennis balls

Materials: Tennis balls and targets (cans?)

Paper Airplane Activity (Steel Truck) –

Airplane shooting through paper frames hung about 4-6 feet from the ground

Label each frame with a different city and country

Have the kids aim for specific destinations

Materials: Create, label, and hang up the paper frames

Lots of paper for the paper airplanes

Logging Truck (Building Activity) –

Bulding different things from sticks/popsicle sticks

Three levels of what you can make 1/2/3

They get harder as the levels go up.

Materials: Lots of popsicle sticks

12:30 Lunch and Menucha

2:00 DISTRIBUTION (Yahadut)

Distribution Center

Welcome to the distribution center. This is where all mail comes in and out. In front of your group you have a whole stack of mail that needs to be sorted into the right categories. There are three categories International Mail (G-D mail.) USA mail (Others) and State Mail (mail to ourselves). When your group has decided where each letter is supposed to be sorted You then need to find the time in which it needs to arrive at the place. When you have come up with that you can put in the box that is your teams color. All G-d mail is \_\_\_\_\_ all others mail goes \_\_\_\_\_ and mail to ourselves is put \_\_\_\_\_. Good luck for every box you fill your team will get envelopes.

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spend most of this time at temple in services. One of the things that many people do before the holiday begins is have a food drive, where we donate canned food to those who need it.

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On this holiday we make a hut that we customarily eat our meals in. Sometimes people will sleep there too. One special thing that we do is invite guests to have meals with us in our hut.

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On this holiday we talk about a miracle that happened. One way that we commemorate and remember this miracle is by lighting something. One special thing that we do is give presents to family and friends as well as donate gifts, money, and other things to people who need them.

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On this holiday we celebrate the birthday of the trees. We are thankful for all of the things that we receive from the earth.

Purim – Matanot L'evyonim (gifts to the poor)

On this holiday we are very thankful that we are Jewish. We celebrate by dressing up in costumes and reading a special story. Another important thing that we do is donate gifts, money and food to the poor.

Mishloach Manot (food gifts)

On this holiday we spend time we people in our community as we all dress up, celebrate and read a megillah. Many people put together special food baskets that they give to their friends.

Nisan – Maot Chitin (“Let all who are hungry come eat”)

Shavuot – Bikurim (first fruits)

On this harvest holiday when we receive the torah and we give the first fruits.

Simchat Torah -- Receiving the Torah

On this holiday we celebrate when we as the Jewish people received the torah from God.

#### Materials:

Create mail boxes (use shoe-boxes?) with slots for campers to slide in letters  
Create the letters – make a lot of photocopies of the above descriptions of the holidays

- Once they have delivered all the letters then move on to the next part (in which each camper writes letters.)

- Each camper will write three letters:

- o 1 to God
- o 1 to themselves
- o 1 to someone else in the edah

- After they write these letters they will have to deliver them to the correct boxes.

#### Materials:

Lots of paper and pencils/pens

### 3:00 Obstacle course

Okay So we have arrived at the last part of our journey. Today we have learned about working as a company to get things done and how mail gets sorted. Now we are going to learn how a package is delivered from one place to another. Each Team is going to start out with a package. You need to get from Here to the Amphitheater. Each company will begin at a station and at the end of each station the leader will tell you where you are to go next. The Red team will begin at the wrapping station. The Green team will begin at the air station. The blue team will begin at the Land station. The grey team will begin at the water station Have fun and Good Luck!!

- Mission: Along the way they need to put together and send off their parcel.
- Six stations:
  - o Wrap – dig through and ask the wrap the paper/tape
  - o Address – phone book with riddles...
  - o Stamp – matching stamps to definition
  - o Water – move the bench from one place to another
  - o Air – delivering envelopes long distances on different balls/frisbee
  - o Land – traveling around the world across not touch the floor.
- The Team to reach the end destination first will get 10 extra letters added to their collection.

### Ending

The Team with the most letters will win the whole day. They will receive a package with a piñata in it. Wrap up the day talking about giving and receiving.

4:30 Tzad-wide water fight

6:30 Dinner

**Attachments (optional—e.g., resource texts, discussion questions, etc.)**

If possible, cut and paste the exact resources/references materials needed. If this is not possible, or the documents are lengthy, you may attach one or more documents to your email.

**Bibliography or links to additional sources (optional)**

**Program Author(s) Information**

As we are preparing your program for the online program bank, we may have questions and want to be able to contact you for clarification.

**List the program designers for this program and their email addresses.**

Rachel Silverman: [rasilverman@jtsa.edu](mailto:rasilverman@jtsa.edu)

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**Edah (edot) and grade(s) that campers are entering who participated in this program**

Edah (edot) -- Ilanot

Grade(s) entering – 4<sup>th</sup> & 5<sup>th</sup>

**Today's Date**

**9/10/08**