



## Camp Ramah in New England: Family Camp 2017 Schedule

Welcome to Ramah Family Camp 2017! We're so excited you've decided to spend the weekend with us!

Want to know where something is? Check out the **MAP** included in your folder!

If you don't know what a program is, where it is, or when it is, **ASK ANY STAFF MEMBER!** We'd be **THRILLED** to help you!

### IMPORTANT INFORMATION - PLEASE READ

#### Edot (Age groups):

- Gan - 0-4 year olds
- Perachim (flowers) - 5-8 year olds
- Shemesh (sun) - 9-11 year olds
- *ATTENTION GAN FAMILIES: Please refer to the letter from Karen Cohen, Rosh Gan, for more information on the Gan program. This can be found in your family information packet.*

#### Meals:

At Camp Ramah, we all start meals together with a *b'racha* (prayer). When you go into the *Chadar Ochel* (dining hall), take a seat anywhere you'd like and wait until Ramah staff says a *bracha*. Then, you can feel free to get up and get food from the buffet!

#### Shmira:

Every night after the *Peulat Erev* (evening activity), parents are invited to an optional parent program while kids go to sleep in their bunks. Ramah staff will be assigned to various bunk areas throughout camp and will check on campers in bunks every 15 minutes. Please give your Shmira card (index card found in your folder) to a Ramah counselor before leaving your bunk. **Shmira ends at 12:00am every night**

### FRIDAY

- 4:00 Check-in  
Unpack and get settled
- 6:00 Kabbalat Shabbat
- 7:00 Dinner
- 7:50 Shira - after dinner singing and Birkat HaMazon
- 8:15 Laila Tov - Good Night! (Perachim and Shemesh)  
**Peulat Erev - Evening Activity for Shemesh (Beit Am Gadol)**
- 9:15 Laila Tov - Good Night! (Kochavim)
- 10:00 Adult Oneg and Optional *Limmud* (learning) program
- 12:00am Shmira (bunk supervision) ends - all parents with their kids in bunks!

## **SATURDAY**

7:00 Breakfast open

9:00 **Shacharit**

Traditional Service: Beit K'nesset

Ramah-style Service (campers and families invited): Beit Am Bet

Tot Shabbat (Gan): Ivrit Classrooms

9:45 Torah service (same as above)

10:15 Camper service ends

*After the camper service ends, campers will have supervised free time with Ramah staff members. Parents can feel free to finish the Shabbat teffilot.*

11:15 Main service ends / Kiddush

11:30 **Shabbat Chugim (Electives)**

1. Hockey (Hockey Court)

2. Drama Games (Bet Am Gadol Stage)

3. Board games and puzzles (outside Moadon Amitzim)

4. Basketball and "Knock Out" (Bet Am Gadol)

12:30 Lunch

1:30 **Shabbat Chugim**

1. Capture the Flag (B-Side field)

2. Gaga (Gagarena)

3. Hebrew Singalong (Outside Beit Am Gadol)

4. Tennis (Tennis courts)

3:00 **Campers:** Peulat Shabbat (Shabbat Activity)

Gan (Moadon Amitzim)

Perachim (Gagarena)

Shemesh (Tennis Courts)

**Parents:** Peulat Shabbat / Study (Staff Lounge)

4:00 **Shabbat Chugim**

1. Soccer (B-Side Field)

2. Ultimate Frisbee (B-Side Field)

3. Nature walk to Camp Ramah Tree House (Meet @ Beit Am Gadol)

4. Board Games and Puzzles (outside Moadon Amitzim)

SNACK AVAILABLE

**New Ramahniks:** Special meeting and tour (see family packet for more information)

### **ATTENTION PARENTS!**

During "Shabbat Chugim" time, you can feel free to do any of the following (a non-exhaustive list):

- a. Take a walk around camp with other adults
- b. Take a nap (you deserve it!)
- c. Play tennis on our courts, shoot baskets in our gym, or relax lying in the grass.
- d. Join in the fun with your kids!

No matter what you do, make sure that a counselor knows when you won't be at an activity, so s/he can keep an eye out for your child!

- 5:00 **Family Peulat Shabbat** - All Families Meet in Beit Am Gadol
- 6:00 Mincha - Beit K'nesset
- 6:45 Seudat Shlishit - Dinner
- 7:30 **Kavannah Activities** - saying goodbye to Shabbat
1. Singing with Micah and Ellie (Medura next to Agam)
  2. Parsha Dramatics (Tennis Courts)
  3. Shabbat Storytelling (Grass next to Tennis Courts)
  4. Meditation at the Agam (B-Side Agam)
- 9:00 Ma'ariv and Havdalah
- 9:30 Medura (campfire - next to Agam) - kids allowed by parent permission  
**Massages available for parents**
- 12:00 Shmira ends

## SUNDAY

7:00 Early Breakfast Available

8:00 Shacharit (traditional and camper minyanim available)

8:45 Breakfast

9:30 **Camp Activity Rotations by Family Group**

**Group #1:** Rafting with Adventure In Adventure Out (meet at A-Side Agam)

**Group #2:** Alpine Tower Adventure Course (Macheneh Gimel)

**Group #3:** Omanut (Arts and Crafts) project/ OR Shira (singing) (Beit Midrash Complex)

10:30 Rotation #2

**Group #1:** Omanut (Arts and Crafts) project OR Shira (singing) (Beit Midrash Complex)

**Group #2:** Rafting with Adventure In Adventure Out (meet at A-Side Agam)

**Group #3:** Alpine Tower Adventure Course (Macheneh Gimel)

11:30 Rotation #3

**Group #1:** Alpine Tower Adventure Course (Macheneh Gimel)

**Group #2:** Omanut (Arts and Crafts) project OR Shira (singing) (Beit Midrash Complex)

**Group #3:** Rafting with Adventure In Adventure Out (meet at A-Side Agam)

12:30 BBQ Lunch out on the migrash

Ropes available for those who did not get a chance to climb.

## YOM SPORT (Color War)

All campers and their parents will be divided between two teams: Adom (Red) and Kachol (Blue)

2:00 - Go back to your bunk and get dressed in your color (if you have clothes in your color)

2:15 - Report to your *Moadon* (team meeting place) to meet captains and get face paint!

Adom - Beit Am Bet

Kachol - Moadon Bogrim

Learn team cheers!

- 2:45 - Perachim + parents - Kickball (softball field)  
Shemesh + parents - Capture the Flag (Machaneh Gimel)  
OR go to your team Moadon and help create a banner to show off at closing ceremonies!
- 3:30 - Perachim + parents - Capture the Flag (Machaneh Gimel)  
Shemesh + parents - Kickball (softball field)  
OR go to your team Moadon and help create a banner to show off at closing ceremonies!
- 4:00 - Go back to your Moadon and learn your team dance
- 4:30 - Apache Relay Race - Starts at Sifriya
- 5:15 - Free time/ shower time
- 6:00 Dinner
- 7:00 Peulat Erev - Yom Sport Closing Ceremonies (presenting cheers and dances)
- 8:00 Laila Tov for younger campers
- 8:30 Special night-time peulat erev for older campers - NIGHTSTALKER
- 9:30 Israeli dance instruction for parents (Beit Am Bet)
- 12:00 Shmira Ends

## **MONDAY**

- 7:00 Early Breakfast Available
- 8:00 Shacharit (traditional and camper minyan available)
- 8:45 Breakfast
- 9:30 Perachim - *Shira* with Micah  
Shemesh - Drama and Improv games
- 10:15 Shemesh - Drama and Improv games  
Perachim - *Shira* with Micah
- 11:00 Peulot Edah - Fun Ramah-style program!
- 11:45 Distribute T-shirts
- 12:00 Lunch
- 12:45 - *L'hitraot!* See you next year!

**For more information about Camp Ramah in New England, feel free to ask any staff member! After Family Camp, you can also visit our website: [www.campramahne.org](http://www.campramahne.org).**