TIPS FOR SENDING YOUR KIDS TO CAMP!  
SAMPLE DAILY SCHEDULE!  PROGRAM HIGHLIGHTS!  
AND LOTS MORE!!
Dear parents and campers:

Welcome to Camp Ramah in New England!

We are thrilled to have your family joining our Ramah family. At Camp Ramah, we pride ourselves on providing great camper care, exciting programming that teaches skills and promotes self-esteem, and a Jewish environment that is fun and nurturing.

At Ramah, everyone has an opportunity to grow, to try new things, and to discover their passions and talents. As you embark on your Ramah journey, our counselors will help you get to know your fellow campers and make friendships that will last a lifetime.

We have been planning all year for an amazing kayitz (summer) 2019. We're so excited that camp is, at last, only weeks away! We can't wait to share with all of our hanichim (campers) all the great things we have been working on during this off-season. It is going to be a fantastic summer.

Enjoy reading this magazine, get psyched for camp, and feel free to contact us if you have any questions.

L’hitraot B’Palmer (see you soon, in Palmer),

Rabbi Ed Gelb
CEO
edg@campramahne.org

Joshua M. Edelglass
Assistant Director
joshe@campramahne.org
Dear parents:

I am looking forward to welcoming your children to camp in just a few short weeks!

In addition to all of our amazing madrichim (counselors) and a Rosh Edah (division head), each edah (age group) at camp has a yoetzet (parent liaison). This experienced adult staff-member will work together with the staff of the edah to make sure each and every one of our hanichim (campers) is having a wonderful experience. The yoetzet and the edah staff will keep a close eye on each hanich (camper) to ensure a smooth transition to camp. (Take a look at our “Who Will be Supervising Your Child?” chart on page 8!)

Before your child’s arrival at camp, you will be e-mailed the name of his or her yoetzet, along with your yoetzet’s cell phone number. Please call that number if you have any questions or concerns while your child is with us at camp. Additionally, every family of a new camper will receive a call from the yoetzet in the first week to let you know how your child is settling in. You should expect the call sometime between Wednesday evening and Friday afternoon before Shabbat. Please feel free to call your child’s yoetzet at any point during the summer if you have questions, concerns or you just want to check in. (Please remember that our yoetzot do not use their phones on Shabbat.)

I have enjoyed the opportunity to welcome each one of you over the phone and I appreciate all that you have shared about your children in preparation for their summer. I am looking forward to seeing them at camp as they become part of the Ramah New England community! Please don’t hesitate to be in touch and know we’re so glad you chose Ramah.

Talya Kalender
Director of Camper Care
talyak@campramahne.org
There are many ways for parents to stay up-to-date on all the fun your child is having while at camp!

**Letters Home:** All hanichim (campers) are required to write a letter home twice a week. (These days are called Yemei Doar, mail days!) Our yoetzot check each envelope before it goes in the mail, to make certain that every child has written home. (Please note that once the letters leave our hands, we cannot control the speed with which letters are delivered by the USPS. Sometimes letters can take a while to reach their destination, so we ask parents to please be patient.)

**Photo Galleries on Our Website:** We will post photo galleries on our website: [www.camramahne.org](http://www.camramahne.org) five days a week throughout the summer. (We don't post on Shabbat, and our photographer has one day off per week.) The password to access the galleries is Summer2019. (The links to our photo-galleries and blog are found on our home-page. Scroll down beneath the main video, under the words “elevate your summer,” to see the “quick links” for current families. The direct link to our photo galleries is: [https://camramahne.smugmug.com](https://camramahne.smugmug.com).)

We will post an assortment of photo galleries each day, highlighting different edot and different programs around camp. Generally we follow a pattern of posting photos of Tzad Aleph (A-Side -- younger campers) campers one day and then Tzad Bet (B-Side -- older campers) the next. We do not post photographs on Shabbat, and our photographer has one additional day off each week (usually Tuesday or Wednesday). We strive to post, at minimum, two photos of every hanich (camper) each week.

**Our Blog:** Senior camp staff-members write regular updates on our blog: [www.Ramahblog.org](http://www.Ramahblog.org). This is a great resource to read about camp peulot (programs), special events, reflections from our tzevet (staff) and lots more. We update the blog multiple times every yom ragil (regular day) at camp.

**Our Facebook Page:** We will also be posting multiple daily updates, including photos, on our private Facebook page. We encourage parents to “friend” our Facebook page, which can be found at: [https://www.facebook.com/RamahPalmer](https://www.facebook.com/RamahPalmer), to be a part of this on-line community. For any parent who is not on Facebook, feel free to contact our registrar, Marggi, to obtain a generic “Ramah Parents” log-in.

**Weekly Update E-mails:** Once a week we will send an update e-mail to all camp families. This e-mail will contain a brief letter from Rabbi Gelb, program highlights from around camp, and other important information for parents.

**How to E-mail Your Child:** You can e-mail your child through your online CampMinder account. Log-in to your CampMinder account and click the “email” link towards the bottom of the page. Each parent who has a CampMinder login e-mail may send 5 free e-mails to each child per week. Further instructions will be e-mailed to you before the start of the camp season.
Sample Daily Schedule:

7:15  Kimah (Wake Up!)
8:00  Aruchat Boker (Breakfast)
8:45  Tefilot (Prayers)
9:45 - 10:35  Chug Aleph (Elective A)
              (Band, Boating, Ceramics, Digital Photography, Flag Football,
              Hockey, Outdoor Cooking, Ropes/Adventure Course,
              Silk-painting, Tennis)
10:45 - 11:35  Nikayon (Clean up time)
11:45 - 12:35  Peulot (A new addition to our daily schedule for 2019! In
              this special tzrif (bunk) time, we will have different fun and exciting
              activities planned each day for the campers to do together as a tzrif.)
12:45  Aruchat Tzohorayim (Lunch)
1:30  Menucha (Rest time)
2:30 - 3:20  Chug Bet (Elective B)
              (Archery, Basketball, Cooking, Dance, Jewelry, Pinat Teva (nature
              corner/garden/farm), Pinterest, Print-making, Ultimate Frisbee,
              Video, Woodworking)
3:30 - 4:20  Agam (Swimming)
4:30 - 5:20  Limud (Informal Jewish Education)
5:30 - 6:20  Bechirot (Free choice period in which campers can sample
              different activities around camp each day)
6:30  Aruchat Erev (Dinner)
7:30  Peulat Erev (Evening Activity)
8:30  Harga‘ah Process (Night Time Routine)
9:00  Layla Tov! (Good Night!)
Program Highlights!

Exciting Events to Look Forward to
This Summer at Camp!

Camp Ramah in New England is chock-full of AWESOME things happening every single day! Some things are traditions that have been happening at camp for many summers, while other programs are brand new just for this year! Whatever it is, camp programs ensure that you’ll NEVER be bored!

Boker Tzrif – Spend a morning with your tzrif (bunk), going to incredible activities you would never get to do on a normal day of camp, like tie-dye and candy-sushi making, and visit some of our regular camp favorites like cooking, ropes, and the water trampoline! You’ll get to decide what you want to do along with the rest of your tzrif (bunk)! (Boker Tzrif is run once each four-week session.)

Closing Banquet – Each four-week session ends with a closing banquet, and an opportunity for all of us to celebrate our great summer experiences. You never know what the banquet theme will be – it could be a huge outdoor carnival or an elaborate banquet and gameshow.

Weekly Barbeques – Hot dogs, hamburgers, veggie-burgers, corn, watermelon, and chips. The weekly BBQ is a highly anticipated dinner.

Six Flags – A highlight of the summer is always the day we take the camp to Six Flags New England! Enjoy the best roller coasters and water slides with all of your friends! Don't like going on rides? No problem! There are tons of fun games to play, too! (Tzad Aleph goes to Six Flags once each four-week session. Tzad Bet goes once during the first session.)

Yom Sport (Color War) – Run by our oldest campers (Nivonim), Yom Sport is a day when the entire camp is split up into four teams – Adom (red), Kachol (blue), Yarok (green), and Lavan (white). You’ll compete in all sorts of sports and a team song and dance performance at closing ceremonies, but the most important part of the day is your team ruach (spirit)! And the best part is, the day is entirely a secret, so you’ll never know when it’s coming! Every year the Nivonimers cook up a new and inventive way to “break-out” Yom Sport to announce the start of the event to the rest of camp...

The “It’s A Good Life” Chug – For twenty years, this has been a special chug (elective activity) option offered ONLY to edat ha-Shoafim (campers entering 7th grade). This chug is not run during the regular chug p‘rakim (periods) of the day – each meeting of the chug is a surprise. Within the first 36 hours of arriving at camp, Shoafimers will learn more about this top-secret chug: how to join and what happens next. We are not at liberty to disclose any additional information about the “It’s a Good Life” Chug at this time, only to say that this chug is reserved for the most silly, fun-loving, good-natured Shoafimers out there.

Peulat Tzrif (bunk activity) – Several times a week, your madrichim (counselors) will plan something special just for you and your tzrif (bunk). You never know what’s in store, but it promises to be a blast!

Yemei Meyuchad (special days) – Approximately once a week, we’ll cancel our regular schedule and instead run a Yom Meyuchad – a special theme day planned by your madrichim (counselors)! You never know what activities or themes they’ll come up with, like Yom Disney, Yom Pirates, Yom Five Senses, Yom Back To The Future, Yom Kibush Tzad Bet (Conquering B-Side), and more. The sky is the limit!

Shabbat Shira (singing) – Shabbat at camp is considered by most Ramahniks to be their favorite day of the week, and it’s highlighted by our Shabbat Shira (song session) led by our Nivonimers (oldest campers). Get ready to learn and sing some new Hebrew songs at the top of your lungs, bang on the tables, and have a great time in the Chadar Ochel (dining hall).
opening day procedures!

For full-summer, first and second session, and mini aleph and mini gimmel hanichim (campers) arriving on June 24 and July 23, the gates will open at 11:00 a.m. and drop off will end by 1:00. Mini bet and daled hanichim, arriving on July 9 and August 6, will drop off between 11 a.m. and noon.

It is a long-standing tradition for those who drop their children off at camp to unpack and settle their children into their tzrifim (bunks). For those of you who do not drop your hanichim off at camp, don’t worry, our tzevet (staff) will help with this process.

Once parents who have dropped their hanichim off have finished the unpacking process and had a chance to visit the health center, office, and/or meet with senior tzevet (staff), we will ask them to say their goodbyes, depart and we will begin edah (age unit) programming. Some hanichim feel anxiety about when their parents will leave. We want to make this transition smooth and clear. Parents will say goodbye to their children at the tzrif (bunk) where tzevet members (including yoetzot) will be available to help and then integrate the camper into activities with their edah. Senior staff (our CEO, Assistant Director, and Director of Camper Care) will also be available to greet you and answer any questions during drop off time.

We expect the vast majority of all hanichim (campers) arriving by plane to be at camp by noon. They will be greeted by their madrichim (counselors) and will have time to drop their belongings off at their tzrifim. Luggage sent to camp on our MD, CT or MA luggage trucks will already be waiting in their tzrifim for the hanichim when they arrive from the airport.

At 1:00, camp will kick off with a full-camp sit-down lunch in our chadar ochel (dining hall). After lunch, hanichim will participate in a Tzohoryim Tzrif (afternoon of programming by bunk), that will allow us to have ice-breakers and other fun peulot (activities) and also to do other first day things like swim testing. We want to get the kids active and involved from the get go!

At 5:30, the hanichim will go back to their tzrifim where any hanichim who have yet to unpack will be able to do so (with help from their madrichim), with additional activities for those who have already settled in.

At 6:00, we will gather for a Tekes Peticha (opening ceremony) as a whole camp to welcome everyone into the community. It should be a ruach filled and fun event. After that, the Tzad Aleph campers will head to aruchat erev (dinner) while the Tzad Bet campers will attend a short orientation on our “Roo” (Sports team) program.

After dinner, each edah will have their opening peulat erev (evening activity) followed byharga’ah (bed-time activity in the tzrif). After such an active and fun day, we will help the hanichim get comfortable for a good night’s sleep as they anticipate the start of a great kayitz (summer)!
**Rosh Kochavim: Sarah Binney** — Hey Kochavim! My name is Sarah Binney and I’m so ridiculously excited to be your Rosh Edah for kayitz (summer) 2019! I am in my final year at McGill University (all the way up in Canada!) studying linguistics and Spanish. I love tea, puns, noodles, and rainboots, and most of all I love camp. This is my fourteenth summer at Machaneh Ramah and I cannot wait for a phenomenal kayitz together with you, full of rikud (dancing), swimming in the agam (lake), lots of Shabbat brownies, and so many new friends!

**Rosh Ilanot: Ianne Sherry** – Shalom Ilanot! My name is Ianne Sherry and I am so excited to be Rosh Ilanot this kayitz (summer)! I started camp as an Ilanot hanicha (camper) waaay back in 2007. Since then I worked as a madricha (counselor) in Ilanot for three years and I was Rosh Solelim last year. I can’t wait to come home to my favorite edah this summer. If you do the math… that makes this my 12th summer at camp and my 5th summer in Ilanot. I am from Fairfax, Virginia, and when I am not at camp I am finishing my last semester at Brandeis University where I study Education Studies, Economics, and Judaic Studies. Camp is my favorite place in the world, and I can’t wait to share it with all of you. L’hitraot b’Palmer!!! (See you soon, in Palmer!!!)

**Rosh Solelim: Yoni Gelb** – Hi! My name is Yoni Gelb and I’m beyond excited to be Rosh Solelim for kayitz (summer) 2019! This will be my fourth year on staff, and my first opportunity as a Rosh Edah. Solelim was one of my favorite summers as a hanich (camper), and I am excited to relive all the fun together with you. I currently attend the University of Wisconsin-Madison where I study mechanical engineering, but I am taking my talents overseas to Denmark for a semester abroad this spring. In my free time I enjoy coaching basketball, cooking, ice hockey, music (Taylor Swift), and Dunkin’ iced coffee. I can’t wait for all the fun that awaits this kayitz! Lehitraot b’Palmer!! (See you soon, in Palmer!!)

**Rosh Shoafim: Adina Schwartz** – Shalom Shoafim! My name is Adina Schwartz and I’m so excited to be your Rosh Edah for kayitz (summer) 2019! I’m a rising senior at the University of Maryland studying psychology, and I just got back from a semester in Copenhagen, Denmark. I love Israeli dancing, knitting, and chocolate chip cookies. This will be my eleventh kayitz at Ramah Palmer, and my fourth on staff, and I can’t wait to spend it with all of you!
WHO WILL TAKE CARE OF MY CHILD AT CAMP?

This chart is a simplified version of our overlapping web of supervision at camp. Our madrichim (counselors) have many layers of veteran staff-members responsible for their training and supervision. Our madrichim participate in daily training sessions, run by Rabbi Gelb and Talya Kalender, that focus on the care that they provide to their hanichim (campers.)

You can let your child know that there will always be someone he or she can turn to if something is bothering him or her.

Our parents are our partners. We welcome you to be in touch with us if you have any reason to be concerned over the course of the summer. We may turn to you for helpful strategies if your child is experiencing challenges at camp.
TIPS FOR NEW FAMILIES:

BEFORE YOUR CHILD GOES TO CAMP:
* Encourage as many sleepovers at friends’ homes as possible. (Group sleepovers are even better.)
* Discuss strategies with your child if they have difficulty falling asleep (i.e. reading, drawing).
* You may want to pack a letter in your child’s bag for them to open when they arrive at camp.
* Send a letter to camp a couple of days before they depart, so it will be there waiting for them to open soon after they arrive at camp.
* Send your child to camp with stationery, stamps, and pre-written address labels for you and for anyone else your child might want to write to while at camp.
* If your child does not already make their own bed on a daily basis, they will be doing this at camp, so you might want to start getting them in the habit now.
* Please read the 2019 Family Handbook carefully and contact us with any questions.

WHAT TO DO WHILE YOUR CHILD IS AWAY AT CAMP:
* Write letters frequently, keeping them light and upbeat.
* Be matter-of-fact in your letters/e-mails about your day. Kids like to know what you are doing but not that you are having too much fun. Add as much humor as you can. Try not to emphasize how much you miss them.

IMPORTANT TIPS TO SHARE WITH YOUR CHILD:
* Help your child set realistic expectations. Let your child know that when they are at home, or in school, not every day is perfect. Likewise, not every day at camp is perfect but overall he/she will have a good time.
* Send your child with something that allows them to feel safe and familiar at night. (Ex. a blanket, stuffed animal, or other item.)
* If your child is feeling anxious about going off to camp, you can talk about other times that they experienced anxiety and ended up getting through the situation just fine.
* Please don’t send your child with food, a cellphone, or other items that are not allowed at camp. (Please consult page 10 of the 2019 Family Handbook to find a list of items not allowed at camp, as well as a list of items that we recommend kids leave at home.) Food, electronic devices that can access the internet, and other forbidden items will be confiscated, and then your child will be stuck in a situation of having to start camp by having a counselor take something away from them. We would prefer to start off camp on a more positive note!

Questions about your bill? Contact Ken Milgram, Finance Associate: x107 or Kmilgram@campramahne.org.
Questions about camp forms, or your child’s transportation to/from camp? Contact Marggi Shechanah, Registrar/Office Manager, at x106 or Marggi@campramahne.org.
Questions about the care that your child will receive while at camp? Contact Talya Kalender, Director of Camper Care, at x104 or TalvaK@campramahne.org. Tikvah families, please contact Bonnie Schwartz, Tikvah Director, at BonnieS@campramahne.org.
Camp provides a wonderful opportunity for children to gain independence. Being away from home, particularly for the first time, can be both exciting and, sometimes, a little anxiety provoking. Homesickness is a normal, predictable response to being away from home and is not limited to younger or first time campers. Homesickness typically means that there are lots of things about home that campers love and miss. That being said, however, homesickness can be uncomfortable and parents should know that there are ways to prepare their campers for camp that can reduce the chance that they will feel homesick.

1. Talk with your child about the upcoming time apart from you. Sometimes parents think that if they talk about homesickness, it will cause their child to feel homesick. Actually, the opposite is true. Talking a little bit about missing home and being prepared for it can help your child feel better. You can honestly tell your child that almost everyone misses something from home when they are away, and the good news is that there are lots of things that they can do if they feel bothered by homesickness.

2. Prepare your child by discussing strategies to use should he or she feel homesick. Encourage your child to talk to their counselors, friends, or adults in camp to help feel better. Most importantly, specifically encourage your child to make new friends and participate in activities to both to help distract them from their homesick feelings and because having fun will help them feel better.

3. Although it may be tempting, avoid making a “pick-up deal.” Sometimes parents feel that if they promise, “if you don’t like it, I’ll come and pick you up” they are showing concern for their child. This type of bargain actually increases the likelihood that the child will feel homesick. It also gives the child the impression that the parent has little confidence in the child’s ability to cope and the parent must come to rescue him/her.

4. Work together with your child to learn about camp. Use the website to look at pictures of the different activities at camp, and read our blogs from last summer to learn about about the adventures they can look forward to. Being familiar with camp and our programs will help your camper feel more comfortable when they arrive.

5. Keep it positive! Avoid expressing whatever anxieties or ambivalent feelings you may have about your child’s time away from home.

6. Help your child keep in touch and still feel connected to you by providing him/her with paper, envelopes, stamps and addresses, or better yet, address labels!

PACKING TIPS:

Do I pack my child's favorite t-shirt? What if it gets lost? Should I send up enough pairs of socks for one per day or more? What's the best way to label clothing? These may be a few of the questions going through your mind as you begin the packing process. Below are a few tips offered by veteran camp parents who have perfected the art of packing for camp. And yes, it is most certainly an art!

**Pack with your child,** not at night after they are fast asleep. You may be surprised about what clothing items your child doesn’t want to leave home without. More importantly, this helps familiarize your child with what is in their luggage so that, when they get to camp and begin to unpack, it’s easy for them to pull out their bedding to make their bed and to locate pajamas and whatever else they may need.

**Provide tools for organization.** If you can imagine that your child’s cubby or shelf could easily become a black hole of clothing where it could be challenging to find a pair of clean socks, you may want to consider sending up certain items like socks and underwear in mesh laundry bags.

**Pack a waterproof basket or bag for your child’s toiletries.** Once at camp, your child’s madrich (counselor) will help find a place for this basket of toiletries (usually on a shelf in the bathroom). This will be used daily to help keep your child organized.

**Label, label, label.** We recommend that you use sticker labels or iron-on labels to label everything that you send with your child to camp (including the clothing they wear on the bus). For your convenience, there is a link in your Campminder account to order self-sticking, waterproof labels through Oliver’s labels. If you are using a Sharpie, please use a Sharpie Rub-a-Dub Laundry Marker, which doesn’t bleed like a regular Sharpie marker. Please label with your child’s first and last name, as there might be many campers at camp with your child’s initials! Please take the time to label everything you are sending up to camp, including water bottles, flashlights, sports equipment, and even shoes. Labels make bunk clean-up happen more smoothly and allow us to return items found around camp.

**Don’t pack anything valuable or expensive.** We expect your child to have so much fun at camp that the last thing on their mind is going to be keeping track of socks, underwear, nice shirts, etc. Our madrichim (counselors) are trained to help with this, but we advise campers not to bring anything to camp that will result in their being heartbroken if it is lost or damaged.

**Please don’t pack any items that are not allowed at camp, like food, cellphones, or any devices that can access the internet.** Please see “What To Pack” on pg. 7 of the 2019 Family Handbook, and “What To Leave At Home” on pg. 10.

A complete packing list can be found in the 2019 Family Handbook on pages 54-57.
## Hebrew Words Commonly Used at Camp:

<table>
<thead>
<tr>
<th>Hebrew</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>פָּנָה</td>
<td>Agam – Lake</td>
</tr>
<tr>
<td>מָקוֹם קַר</td>
<td>Aruchat Boker – Breakfast</td>
</tr>
<tr>
<td>מִיְּדֵי נַחֲלוֹת</td>
<td>Aruchat Tzohorayim – Lunch</td>
</tr>
<tr>
<td>אֶכֶרְיָה</td>
<td>Aruchat Erev – Dinner</td>
</tr>
<tr>
<td>בָּנִים</td>
<td>Banim – Boys</td>
</tr>
<tr>
<td>בָּנוֹת</td>
<td>Banot – Girls</td>
</tr>
<tr>
<td>בְּכָרָה בִּרְכָּתָם</td>
<td>Birkat Hamazon – The prayer after a meal</td>
</tr>
<tr>
<td>בְּכָרָה אָחֵל</td>
<td>Chadar Ochel – Dining Hall</td>
</tr>
<tr>
<td>חָפָּצִים</td>
<td>Chug – Elective activity</td>
</tr>
<tr>
<td>הָדָא</td>
<td>Edah – Division (grade-level)</td>
</tr>
<tr>
<td>הַרְגָּאָה</td>
<td>Harga’ah – Going-to-bed activity</td>
</tr>
<tr>
<td>כָּפָּר</td>
<td>Kayitz – Summer</td>
</tr>
<tr>
<td>קִימָה</td>
<td>Kimah – Wake-up</td>
</tr>
<tr>
<td>לְמַדְדָּה</td>
<td>Limud – Informal Jewish Education</td>
</tr>
<tr>
<td>מֶנֶוֶךָ</td>
<td>Menucha – Rest time</td>
</tr>
<tr>
<td>מִרְפָּאָה</td>
<td>Mirpa’ah – Health Center (nicknamed the Marp)</td>
</tr>
<tr>
<td>מִרְפֶּסֶט</td>
<td>Mirpeset – Porch</td>
</tr>
<tr>
<td>נִקָּיוֹן</td>
<td>Nikayon – Clean-up time</td>
</tr>
<tr>
<td>פיַלוֹט אוֹרְבִּין</td>
<td>Peulat Erev – Evening activity</td>
</tr>
<tr>
<td>פיַלוֹט תֶצְרִיפּ</td>
<td>Peulat Tzrif – Bunk activity</td>
</tr>
<tr>
<td>רוֹשׁ אֲדָה</td>
<td>Rosh Edah – Division Head</td>
</tr>
<tr>
<td>רוּאֲחַ</td>
<td>Ruach – Spirit/energy</td>
</tr>
<tr>
<td>סִחיָה</td>
<td>Schiyah – Swimming</td>
</tr>
<tr>
<td>טְפִלּוֹת</td>
<td>Tefilot – Prayers</td>
</tr>
<tr>
<td>תֶצְרִיפּ</td>
<td>Tzrif – Bunk</td>
</tr>
</tbody>
</table>
**Edah Names:**

**Tzad Aleph (A-Side)**

- **Kochavim** – current 2nd & 3rd graders (rising 3rd & 4th graders)
- **Ilanot** – current 3rd & 4th graders (rising 4th & 5th graders)
- **Solelim** – current 5th graders (rising 6th graders)
- **Shoafim** – current 6th graders (rising 7th graders)

**Tzad Bet (B-Side)**

- **Magshimim** – current 7th graders (rising 8th graders)
- **Bogrim** – current 8th graders (rising 9th graders)
- **Machon** – current 9th graders (rising 10th graders)
- **Nivonim** – current 10th graders (rising 11th graders)

**Tikvah** (campers with disabilities)

**Amitzim** – multi-grade camper program

**Tochnit Avodah** – our vocational training program

---

**Important Resources:**

- **Website:** www.campramahne.org
- **Blog:** www.ramahblog.org
- **Photos:** https://campramahne.smugmug.com (password for photos: Summer2019)
- **Facebook:** https://www.facebook.com/RamahPalmer
- **Summer Office Phone:** 413-283-9771
WE’LL SEE YOU SOON AT CAMP!