

# Family Camp 2019 Schedule

Welcome to Ramah Family Camp 2019! We're so excited you've decided to spend the weekend with us! If you want to know where something is, check the **blue map** included in your folder. If you don't know what a program is, or where or when it will be, **ask a staff member** and we would be thrilled to help you!

Over the weekend, children are divided into four groups according to age: **Gesher** (O-2 years old), **Shorashim** (3-4), **Perachim** (5-6), **Shemesh** (7-9), and **Kochavim** (1O-13). Please note: the Gesher and Shorashim groups will be based out of the Gan (Moadon Amitzim) unless otherwise indicated.

### Friday, May 24th:

4:00 pm: Check-in at Misrad (front office)

- Feel free to stop by **shabbat-o-gram making** in **O"CH**, **kickball** on the **Tzad Bet Migrash**, or to stay, play, and eat some snacks at the **misrad**!
- 4:15 5:30: Come meet our Rosh Gan, Kathy Schwartz, in Moadon Amitzim!

4:30: Optional Family Portraits in the Chorshah (Grove)

- Our very own Josh Bermel will be taking professional photos. They will be printed and distributed before the end of Family Camp!
- 5:30: Pre-Shabbat Family Dinner in the Chadar Ochel (Dining Hall)
  - Families with young children are invited to a small pre-shabbat dinner before Kabbalat Shabbat

5:45: Mincha in the Chorsha (Grove)

6:00: Kabbalat Shabbat in the Chorsha (Grove)

- **Tot Shabbat** will be in the **Beit Am Bet** for Gesher and Shorashim aged children and their parents starting at **6:15** 

7:00: Shabbat Dinner in the Chadar Ochel, followed by shirah (singing)

8:00: Peulat Erev (evening activity) for Shemesh and Kochavim in the Beit Am Gadol

#### 9:00: Shmirah Begins

Over the course of Family Camp, we offer Shmirah (night time supervision/babysitting) of your children. Ramah staff will be strategically placed to ensure that they are available between the hours of **9:00 pm and midnight**. If you leave your bunk, take one of the provided cards and hand it to the shomer or shomeret who is sitting near your porch. That will indicate that they should periodically check in on your children and ensure they are still sleeping. When you return, take the card back to indicate that you are in for the rest of the night, and they should no longer look after the kids. Please let us know if there is anything we can do in order to take better care of your children. Feel free to introduce your kids to the shomrim to help ease any separation anxieties they might have!

# 9:00: Adult Oneg in the Ulam (Beit Am Bet) & Moadon Tzevet

### 9:30:

# - The Ethics of Anonymity

- Limmud with Rabbi Rami Schwartzer in the Beit am Bet following the oneg
- When, if ever, is it acceptable to hide your true identity? How does this question play out in an online world where our digital fingerprint is attached to every comment we make? We'll look at a Talmudic story that addresses the dangers and merits of concealing our identity.

### - Opening up Jewish Prayer

- Limmud with Rabbi Ben Weiner in Sifryiah
- A discussion led by Rabbi Weiner on different ways to connect to Jewish prayer and spirituality, regardless of your familiarity with the service, or your ability to read Hebrew.
- There will also be a **DIY Comedy Night** in the **Beit K'nesset** following the oneg For comedy fans and connoisseurs of (Dad) jokes! While your children are away, come play improv and party games like those seen on "Whose Line Is It Anyway." Lack of comedy and performing skills encouraged. Audience members with outrageous laughs required.

#### 12:00 am: Shmirah ends

#### Shabbat, May 25th:

7:00 am: Early Morning Light Breakfast in the Chadar Ochel

7:00: Early morning adult Jog (meet at Beit am Gadol)

7:30: Breakfast in the Chadar Ochel

8:30: Edah Meetings (near Chadar Ochel)

9:00: Shacharit in various locations

- Ramah-Style Family service in the Beit Am Bet for kids and adults
- Full Kriah traditional service in the Beit K'nesset

- Tot Shabbat in the Ivrit Classrooms for Gesher and Shorashim (Gan) kids and their parents
- Meditation on the Mirpeset Beit Am Aleph

9:45: Torah Service in the same Various Locales

10:15: Snack in Beit Am Bet

11:00: Kiddush outside the Beit K'nesset

11:00: Shabbat Chugim

- Ohel Kef
- Hockey on the Hockey Court
- Drama Games on the Beit Am Gadol Stage
- Basketball and Knockout in the Beit Am Gadol
- Minute to Win It in Beit Am Bet
- Soccer on Tzad Aleph Migrash
- Story time on Tzad Bet Migrash
- Free Swim on Tzad Aleph Agam
- Magic the Gathering card game in Sifriyah
- Softball on Tzad Bet Migrash
- Parachute Games on Machaneh Gimme

12:30 pm: Shabbat Lunch in the Chadar Ochel

1:15: Adult Lake Swim (Meet at Tzad Aleph Agam)

2:00: Shabbat Chugim

- Ohel Kef
- Ultimate Frisbee on Tzad Bet Migrash
- Gaga in Tzad Bet Gaga Arena
- Tennis on Tzad Bet Tennis Courts
- Nature walk to Tree House (Meet at the Beit Am Gadol)
- Free Swim on Tzad Aleph Agam
- Magic the Gathering card game in Sifriyah
- Family Story time on Tzad Bet Migrash
- Reverse Talent Show on Beit Am Gadol Stage

#### 3:00: Edah Time

- Gesher and Shorashim in Moadon Amitzim
- Perachim in Tzad Bet Gaga Arena
- Kochavim at **Tzad Bet Migrash**
- Shemesh on Tennis Courts

# Adult Programming:

3:00:

- Jewish Parenting
  - Adult Limmud with Rabbi Rachel Silverman in the Sifriyah
  - Parenting is joyful, frustrating, fulfilling, disheartening, full of wonder, and guaranteed to make you feel like a failure (hopefully only occasionally). Raising small humans is HARD! Join us to learn some of what Judaism teaches about the responsibilities and goals of parenting. We'll look at some texts, bring in our own life experiences, and remind each other that we're all doing a great job.
- Biblical Time Travel: A lesson on dealing with change
  - Adult Limmud with Rabbi Rami Schwartzer in the Beit K'nesset
  - How do we manage critical change and life transition in our lives, while holding onto the nostalgia of the way things used to be? We'll glean wisdom on this subject from the the world's first sci-fi story.

4:00: Family Peulat Shabbat (Shabbat Activity) in Beit Am Gadol

5:00: Mincha in Beit K'nesset and Snack/Rest time available in Beit Am Bet

6:00: Seudah Shlishit in Chadar Ochel

7:00: Kavannah Activities (saying goodbye to Shabbat)

- Singing at Medurah next to Beit am Gadol
- Parsha Dramatics at Tzad Bet Tennis Courts
- Shabbat Storytelling at grass next to Tzad Bet Tennis Courts
- Fainting Goat Tag at the Tzad Bet Migrash
- Yoga on Tzad Bet Migrash (be sure to bring a towel!)
- Reverse Talent Show on Beit Am Gadol Stage
- 8:00: Shower Time/Free time

9:00: Ma'ariv and Havdallah in the Chorshah (Grove)

# 9:15: Shmirah Begins

# 9:30: Medurah (Campfire) next to Beit Am Gadol

- Kids allowed by parent permission

# 10:00: Adult Programming:

- **Paint Night** in **Beit Am Bet** Join Ryan, our art specialist, as he leads you through creating your very own painted masterpiece.
- 3 on 3 Basketball in Beit Am Gadol

### Sunday, May 26th:

7:00 am: Early Morning Light Breakfast Available

### 7:00: Early morning Family Zumba in Beit am Gadol

#### 7:45: "Camp-Style" **Shacharit** in the **Beit Am Bet**

7:45: Shacharit - "JCA Style" with Rabbi Ben Weiner in Beit K'nesset

### 8:15: Regular Breakfast in the Chadar Ochel

- Beginning at breakfast on Sunday, each family will be able to sign up for their activities for the rest of the morning on a first-come-first-served basis!

#### 8:45: T-shirt distribution in Chadar Ochel and group photo!

9:15: Edah Meetings

#### 10:00: Rotation One:

- Note: these activities will be offered three times. You will receive your family's personalized morning schedule at breakfast. Ohel Keif will be open throughout the morning for family-fun games and play!
  - Boating at Tzad Aleph Agam
  - Alpine Tower
  - Indoor Cooking in Ivrit Classroom
  - Omanut (arts) clinics in Beit Am Bet
    - Pet Rock making
    - Painting
    - Fimo Art
    - Friendship Bracelets
    - Mezuzah Decorating
  - Nagarut (Woodworking) in Beit Am Bet
  - Ultimate Frisbee clinic on Tzad Bet Migrash
  - Basketball clinic in Beit Am Gadol
  - Outdoor cooking clinic in the firepit near K'far Nivonim
  - Parachute Games at Machaneh Gimmel
  - Rikud on Machane Gimel Migrash

#### 11:00: Rotation Two

#### 12:00pm: Rotation Three

#### 1:00: Lunch in the Chadar Ochel

- The Alpine Tower will remain open for those who did not get a chance during the rotations

#### 1:30: Prospective Camper Tour meets at O"CH

- Interested in learning more about Camp Ramah in New England? Join us for a tour!

# Yom Sport (Color War):

2:00: Go back to bunks and get dressed up in your color!

2:15: Report to your team Moadon, learn team cheers, and paint your faces!

- Adom (red) in Moadon Machon
- Kachol (blue) in Moadon Bogrim

#### 2:45: Sports!

- Ohel Kef
- Perachim has Kickball on the Tzad Bet Softball Field
- Shemesh/Kochavim has Capture the Flag on Machaneh Gimmel
- Team banner making in Beit Am Bet

#### **Adult Programming:**

2:45:

- Family Covenant
  - Limmud w/ Rabbi Zerin in the Moadon Tzevet
  - What does Jewish tradition teach about a parent's obligation to their child, or a child's obligation to their parent? How can Jewish wisdom about the relationship between parents and children be translated into the 21st century, and how can we use these teachings to help our families become more nurturing and holy? Join Rabbi Zerin for a powerful look at ancient texts about the obligations parents and children have to each other that will lay the groundwork for making your own Family
  - Adult Boating at Tzad Aleph Agam
  - Climb the Alpine Tower!

#### 3:30: Sports II!

- Perachim has Double Dare 2000 on Beit Am Gadol
- Shemesh/Kochavim has Kickball on the Tzad Bet Softball Field
- Team banner making in Beit Am Bet

#### Adult Programming:

3:30:

- Soul Food: How Keeping Kosher Can Make You A Better Person
  - Limmud w/ Rabbi Ravid Tilles in the Moadon Tzevet
  - Come learn about Jewish Food, the traditions of Kashrut, and how our Judaism offers a path towards becoming a better person through integrating these concepts.
  - Climb the Alpine Tower!
  - Zumba in Beit Am Gadol

4:30: See, Run, Build - Yom Sport for the whole Family!

5:15: Shower Time/Z'man Chofshi (Free Time)

- 6:00: Dinner in Chadar Ochel
- 7:00: Closing Ceremonies in the O"CH
- 7:45: Shower Time/Z'man Chofshi (Free Time)
- 8:45: Special Peulat Erev (evening activity) for Kochavim and Shemesh on Machane Gimmel
  - **Please Note:** Your children may return from this activity a little dirty and sweaty, but they will have a TON of fun! At the end of the day, it is camp, right?
- 9:00: Shmirah Begins
- 9:30: Trivia Night in Beit Am Bet for adults
  - Test your knowledge in a variety of categories during this spirited competition!

<u>Monday, May 27th:</u> 7:00 am: Early Breakfast in Chadar Ochel

- 7:45: "Camp Style" **Shacharit** in **Beit K'nesset**
- 8:15: Regular Breakfast in Chadar Ochel
- 9:00: Edah Meetings (near Chadar Ochel)
- 9:30: Magician Bryson Lang on Tzad Bet Tennis Courts

#### 10:30 Carnival at Beit Am Gadol!!

- Fun for the whole family at our annual Family Camp carnival. Have your phones ready, there will be plenty of amazing photo opportunities!

12:00: Lunch in Chadar Ochel

1:00: Lehitraot until Next Year!