

SAMPLE DAILY SCHEDULE:

7:15	קמא <i>Kimah</i> (Wake Up!)
8:00	ארוחת בוקר <i>Aruchat Boker</i> (Breakfast)
8:45	תפילות <i>Tefilot</i> (Prayers)
9:30-10:15	נקיון <i>Nikayon</i> (Clean-up time) The kids return to their <i>tzrif</i> (bunk) for a short clean-up time and to get ready for the day.
10:30 - 11:30	חא אל <i>Chug Aleph</i> (Elective A) (Archery, Band, Basketball, Boating, Fabric Arts, Jewelry-making, Krav Maga, Outdoor Cooking, Ropes/Adventure Course, Soccer)
11:45 - 12:45	אגם <i>Agam</i> (Swimming) לימוד <i>Limud</i> (Informal Jewish Education) These two programs rotate days.
1:00	ארוחת צהריים <i>Aruchat Tzohorayim</i> (Lunch)
1:45	מנוחה <i>Menucha</i> (Rest time)
2:45 - 3:30	פעילות צריף <i>Peulat Tzrif</i> (Bunk Activity) This could be a special program run by counselors or an opportunity for the bunk to visit a specialty area around camp.
3:45 - 4:45	חא בט <i>Chug Bet</i> (Elective B) (Ceramics, Cooking, Dance, Drama, Farm, Science Experiments, Ultimate Frisbee, Silk-painting, Tennis)
5:00 - 6:00	חא אל ג <i>Chug Aleph</i> (Elective C) Digital Photography, Garden, Fitness, Flag Football, Hockey, Magic Cards, Pinterest, Print-making, Video)
6:00 - 6:40	בחירות <i>Bechirot</i> (Free choice period and/or shower-time)
6:45	ארוחת ערב <i>Aruchat Erev</i> (Dinner)
7:30	פעילות ערב <i>Peulat Erev</i> (Evening Activity)
8:30	הרגעה <i>Harga'ah Process</i> (Night Time Routine)
9:00	לילה טוב <i>Layla Tov!</i> (Good Night!)