

## Ramah Family Shabbaton Program Guide

May 23-26<sup>th</sup>, 2025





Shalom Families. Welcome to Ramah New England!

We are so excited to welcome you to Ramah's Spring Family Shabbaton!

The time has come for the FUN to begin! We've planned numerous camp activities such as campfire, arts, singing, dancing, and spiritual and learning opportunities. Plan to enjoy special family time, as well as separate programs for adults and children. Be sure to take advantage of the nighttime supervision for all children and join us for adult only nighttime fun.

This Program Guide has information to help you make the most of your experience. Please take time to read through it. We are always here to answer any additional questions you may have. Thank you for being a part of our Ramah New England family, and welcome home!

**Kol Tuv!** 



Michelle Sugarman Co-director



Pamela Kekst Assistant Director

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P.S. If you ever need to contact us, you can always find us in the Chadar Ochel (Dining Hall) during meal times!

This is by no means an exhaustive list of things to know about Camp Ramah! If you have any further questions or concerns, please feel free to let us know.

Accommodations: We understand that accommodations at camp can sometimes be rustic. If there is anything we can do to make your stay more comfortable, please do not hesitate to ask. We ask that you refrain from moving beds around inside the cabins.

Blankets: We strongly suggest bringing warm blankets to camp, but if you're feeling a little chilly in your bunk, you can request a blanket from Pamela or Michelle.

Candle Lighting: Tealight candles will be provided for Shabbat candle lighting in the Bitan (wooden structure) starting at 6pm on Friday afternoon.

Cell Phone Use: While there is cell phone service throughout camp, we encourage you to use this weekend as an opportunity to unplug. Additionally, we ask that you refrain from carrying your cell phone throughout camp on Shabbat.

Check-In: Check-in is open between 3pm and 5pm. Upon arrival, all guests must check in at the O"CH – the pavilion outside of the Chadar Ochel (Dining Room). During check-in, guests will receive the Family Shabbaton Program Guide and any additional welcome materials. Our Welcome Staff can answer any questions you have and are happy to help you and your family settle into your bunks.

**Clothing:** The weather can be unpredictable here in Western Massachusetts and temperatures can drop quickly in the evenings and be very chilly in the early morning. It is helpful to have layers of clothing and a raincoat with you. And no matter the weather conditions, comfortable walking shoes are a must!



**Drinking Water:** All water on our property is underground spring water – great for drinking! We encourage you to fill your reusable bottles at any of our water stations across camp.

**Eruv (Shabbat Boundary):** Ramah New England maintains an Eruv, checked by our Mashgiach, which allows one to carry items around camp on Shabbat. Please note: the hiking trails going out to the treehouse are outside the boundary of the Eruv.

**Food Allergies/Dietary Restrictions:** If you have any dietary concerns, please let us know. Chef Sean is happy to accommodate most dietary restrictions and will be available to answer any questions throughout the weekend. Look for a list of major food allergens on the menu board.

**Food/Meals:** We are a kosher, nut-free campus. Please help us maintain our kashrut. All your meals, snacks, and beverages are provided. Outside food is not allowed in the Chadar Ochel (Dining Room). All meals are self-serve buffet style. Beverages and snacks will always be available between meals in the Chadar Ochel (Dining Room).

**Gan:** For families with children 4 and under - We are excited to offer a full menu of programming designed for little ones to play and explore. Feel free to drop your children off during Gan time or stay and join in with their crafts and games! Be sure to check the schedule to see when Gan is open.



**Mealtimes:** Mealtimes are one of the few things at The Family Shabbaton that cannot be changed, so please make sure to attend meals on time. There are always people around to answer your questions, but here are a few guidelines:

- Before each meal, all guests must wash their hands when entering the Chadar Ochel (Dining Room).
- Guests can choose where to sit and with whom they are comfortable dining.
- All participants are asked to clear their dishes into the bus buckets at the end of the tables. When
  dishes are cleared, please roll up the trash and table paper, and dispose of it in the garbage cans
  provided.
- Please wait until we have said *Motzi* (blessing over bread) before entering the buffet line. The meal will conclude with *Birkat Hamazon* (grace after meals) and announcements.
- Please use a new plate for each visit to the buffet line or salad bar.
- All major food allergens are listed at each meal, and special dietary food needs will be served from the Allergy Station, located under the menu board TV screen.
- Lost & Found is located on a table by the main entrance of the *Chadar Ochel* (Dining Room).

**Moadon Tzevet:** The *Moadon Tzevet*, or staff lounge, is designed to be an adult only space throughout the weekend. Stop by each night for late night snacks, adult programming, or to hang out with other parents.

**Name Tags:** Please wear your name tags throughout the weekend and ask your children to do the same. Name tags help us learn each other's names, identify children when they're not with you, and help keep camp secure.



**Participation:** There are many ways to enjoy the Family Shabbaton, depending on what you think is most appropriate for your family. We have packed days of fun, camp-style activities! While there is some programming designed specifically for adults or children, many activities can be enjoyed by either or both! During all our Shabbat Chugim (elective activities), families are encouraged to participate together. We know you want to play basketball and Gaga just as much as your kids!

**Ohel Kef:** The Ohel Kef (fun tent) is a gathering space designed for children throughout the weekend. Sometimes there will be staff present to run games, read books, and do puzzles with children, other times the Ohel Kef is a great place for you to take your child if they need some time away from organized activities or loud spaces. Feel free to use the Ohel Kef as much or as little as you would like.

**Running & Walking:** If you intend to run or walk outside of our property, please be aware that there are dogs in the area that might not be as friendly as we are at Ramah New England! If you'd like to stay on our property, you are invited to run or walk our hiking trails behind the K'far - just be aware of the rugged terrain and keep an eye out for wildlife!

Security: We have security guards on site throughout the week. If you see them around, wave hello

**Shabbat:** Shabbat is a very special time of the week for our Shomer Shabbat community, and we offer meaningful Tefillah experiences for all ages. Everyone is encouraged to wear a kippah and tallit if it is their practice. Out of respect for this value and our community, we ask that guests refrain from using electronics, technology, writing, and turning lights on or off in public spaces.



Shmirah (nighttime babysitting): We are excited to offer Shmirah (nighttime babysitting/supervision) throughout the weekend! Enjoy your kid-free evenings and check out our menu of adult programming. Ramah staff will be strategically placed around camp during shmirah hours. If you leave your bunk, take one of the provided cards and hand it to the shomer or shomeret (guard or babysitter) who is sitting near your porch or in your building. This will indicate that they should periodically check in on your children and ensure they are still sleeping. When you return, take the card back to indicate that you are in for the rest of the night, and they no longer need to look after the kids. ALL FAMILY HOUSING OPTIONS HAVE ACCESS TO SHMIRA.

**Smoking, Illegal Substances & Firearms:** As a childcare facility in the State of Massachusetts, smoking is not permitted anywhere within the boundaries of Ramah New England. Firearms, illegal substances, and related paraphernalia are not permitted on campus.

**Snacks & Beverages:** Snacks and beverages are always available between meals in the *Chadar Ochel* (Dining Room).

**T'fillot**: All participants are invited to join in daily prayer services. Please bring your own *tallit*, *tefillin*, and *kippah* to wear if it is your custom.

**Valuables:** Ramah New England is not responsible for any missing or lost items. There is a Lost & Found table in the *Chadar Ochel* (Dining Room) near the main entrance.



**Vehicles:** The speed limit on campus is 5 mph. Please only park in the approved parking locations after you settle into your bunk. We ask that you leave your vehicle parked for the Shabbaton duration. Guests should not drive through campus during the Shabbaton.

**Waterfront:** Waterfront activities, such as swimming and boating, are allowed only during designated hours, while lifeguards are on duty. At other times, please enjoy the view of our Agam (lake) from a distance.

**Wildlife:** Ramah New England is fortunate to be located on almost 100 acres of nature, and we share our beautiful property with a variety of local wildlife. Please keep your eyes open, particularly when walking at night, and let a member of our staff know if you spot any wildlife that could pose a threat to our guests.

**Wireless Access:** There is limited access to Wifi throughout the camp. If you need an internet connection, please let a staff member know and we will be happy to help you.

**Workout Room:** For safety reasons, only guests 16 and older are allowed to use our workout room independently. Guests 15 and younger are welcome to use it under supervision of their parent/guardian. It is located along the far end of the Beit Am Gadol (gym). The workout room is equipped with stationary bikes, treadmills, elliptical, bench press, cross fit equipment, a multipurpose weight machine, medicine balls, gym bands, and yoga mats. Please keep all gym equipment inside the workout room.



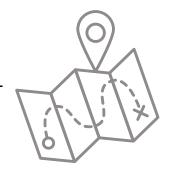
### Attached is the Daily Schedule for our program! Here are some tips as you navigate through it.



### Questions? Ask us!

If you are unsure what a program is, or where or when it will be, ask a staff member. We are thrilled to help you!

Refer to the Camp Map!
Check out the Camp Map on page 17 of your Program
Guide to find the locations of events.





### <u>Feeling Hungry?</u>

Whether it's that mid-afternoon snack, or those middle of the night munchies! Snacks and beverages are always available between meals in the *Chadar Ochel* (Dining Room).









	Friday, May 23, 2025	
	25 lyar 5785	
TIME	ACTIVITY Check-In	
3pm - 5pm	Welcome to the Family Shabbaton! After you settle into your bunk, join us for some fun activities around camp.	O"CH (outside chadar ochel)
3:30pm - 4:45pm	Swim Check for those who would like to do a lake swim on Shabbat 12 and older and must be able to swim 3 laps and tread water for 2 minutes	A-Side Agam (Lake)
Open Family Activities		
	- Challah Braiding	р"сн
3:30pm - 5pm	- Field Games	Chet Courtyard
3.30pm 3pm	- Bounce House Open	Near the BAG
	- Omanut Clinics (Arts and Crafts)	
	Canvas Bag Design, Bead Lizards, Shabbat O-Grams	о"сн
	Family Photos	Near the Bitan
5:30pm - 6pm	When you are dressed and ready Shabbat, come take	
	a family photo	
5:30pm - 6pm	Pre-Shabbat Young Children's Dinner	
3.30рт орт	Families with young children are invited to a small pre-shabbat dinner at the Chadar Ochel before Kabbalat Shabbat. (sign up at registration)	
6:15pm - 7pm	Kabbalat Shabbat Ramah Style Shabbat Service with lively tunes and Hebrew song!	Bitan (New Pavilion)
6:30pm - 7pm	Tot Shabbat For Gan and Keshet (pre-school-1st) aged children and their parents. Shabbat Dinner	Bet K'nesset
7pm - 8pm	Enjoy a Ramah style Shabbat dinner followed by <b>shirah</b> (singing).  Wecome to the Family Shabbaton Community	Chadar Ochel
	Meet our Family Shabbaton Community, Ramah New England Staff, and hear about important safety information for the weekend.	Chadar Ochel
8pm - 8:45pm	Edah Time/Peulat Erev for Shemesh & Perachim (2nd-7th Graders) Meet your staff and other campers after shirah!	Meet and pick up in Chadar Ochel
9pm - 11pm	Shmirah	
0nm 11nm	Nighttime supervison/babysitting for children  Adult Oneg	
9pm - 11pm	Join us for games, joy, happiness, snacks and adult beverages!	

Candle Lighting: 7:53

	Shabbat, May 24, 2025	
	26 Iyar 5785 - Parashat Behar-Bechukotai	,
TIME 7:30am	ACTIVITY	LOCATION
- 9am 8am -	Roo Brew (Coffee Cart) is Open	Chadar Ochel
8:45am	Shabbat Breakfast	Chadar Ochel
	Shabbat Tefillah (prayers)	
9am - 11:15am	- 9am-9:45am Ramah Style Family service for kids and adults - 9:45am-11:30am Continuation of Tefillah (Torah and Mussaf)	Bitan (New Pavilion)
	- 9:15am-9:45am Tot Shabbat for Gan and Keshet campers with a parent	Bet K'nesset
10am - 11:15am	Kids camp is open for Keshet, Perachim and Shemesh (rising K-7th grade)	
1109W - 11:129W	Scavanger Hunt, Double Dare 2000, Edah Time	Pick up at the Bitan
	Gan is Open	
10am - 11:15am	Games, bounce house, moonsand, scavenger hunt, stories, and more	Cafe Ramah
11:15am	Kiddush and Snack	О"СН
11:15am - 12:30pm	Ohel Kef and Bounce Houses Open Board games, bounce house, and parachute games!	Macheneh Gimmel
11:30am - 12:20pm	Free swim Sign up for your slot at registration	Tzad Alef Agam
	Shabbat Family Chugim (activities)	
	- Scooter tag	BAG
11:30 - 12:20pm	- Moon Sand	о"сн
	- Field games	Tzad Bet Migrash (Field)
	- Tennis (bring your racket)/Pickle Ball	Tzad Bet Tennis Courts
12:30pm - 1:15pm	Shabbat Lunch	Chadar Ochel
1:15pm - 2:15pm	Menucha/Rest	







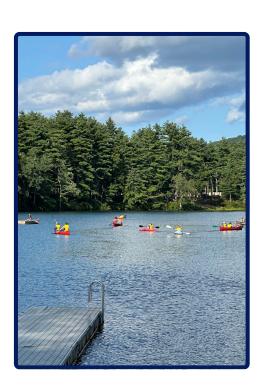
	Shabbat, May 24, 2025 Continued	d	
	26 Iyar 5785 - Parashat Behar-Bechukota	j	
TIME	ACTIVITY	LOCATION	
2:15pm - 3pm	Free Swim Sign up for your slot at registration	Tzad Alef Agam	
	Shabbat Family Chugim (Activities)		
2:15pm - 3:15pm	- Ohel Kef - Frisbee Golf - Basketball and Knockout - Fun with Play-doh - Parachute Games	Outside Bet Am Gadol Tzad Bet Migrash Bet Am Gadol O"CH Machaneh Gimel	
2:15nm	Gan is Open - Bring a Beach Towel	l .	
3:15pm - 5pm	Nature walk, scooter fun, water play and bubbles		
	Kids camp is open for Keshet, Perachim and Shemesh (ris	ing K-7th grade)	
3:15pm - 5pm	Meet in the Bet Am Gadol and pick up in the O"CH 3:15pm Minute to Win it Israel Edition 4:15pm Edah Time	Bet Am Gadol Various locations	
	Adult Time	1 4 1 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	
3:15pm - 4:15pm	- Snack and Schmooze - Adult Learning - Rabbi Ita Paskind, Beth El Norwalk CT Teaching Torah To Our Children - Together, we will consider the ways we as parents (try to, want to) teach Torah and model Jewish values and observance to our children	Moadon Tzevet Sifriya (Library)	
	Adult Time		
4:15pm - 5pm	<ul><li>- Snack and Schmooze</li><li>- Lake Swim (must have taken swim test on Friday)</li><li>- Pickel Ball</li></ul>	Moadon Tzevet Tzad Alef Agam Tzed Bet Tennis Courts	
	Shabbat Kavana (mindful Shabbat)		
	Campers, bring your parents for some focussed fun		
5pm - 6pm	- Tot Story Time - Ohel Kef	Tzad Bet Migrash Near Bet Am Gadol	
	- Nature walk	Meet at the O'CH	
	- Meditation/Stretching (Bring a beach towel)	Tzad Bet Migrash	
6pm - 7pm	Seudah Shlishit (Shabbat Dinner and Singing)	Chadar Ochel	
	Family Program - It's 3am Shabbat Morning in Tokyo: WDYD?		
7pm - 8pm	An epic Shabbat family adventure with twists at every turn and turns at every twist.	Bet Am Gadol	
8pm	Free Time	Various locations	
8:45pm	Ma'ariv and Havdallah	Bitan (new pavilion)	
9:30pm - 11pm	Shmirah	Tzad Bet	
9:30pm - 11pm	Bring your friends and team up to test your knowledge in a variety of categories during this friendly competition!!	Moadon Tzevet	
		1	

	Sunday, May 25, 2025	
	27 Iyar 5785	
TIME	ACTIVITY Roo Brew (Coffee Cart) is Open Shacharit	LOCATION
7:30am - 9:30am	Experience a Ramah-Style <i>Shacharit</i>	О"СН
7:45am	Sign up for afternoon family activities on a first come - first serve basis	Bet Am Bet
8:15am - 9:15am	Breakfast - Please wear your Family Camp T-shirt!	Chadar Ochel
9:15am	Group Photo! Everyone is encouraged to join us for the Group Photo to capture the memories of the weekend!	Meet outside the O
9:15am - 8pm	Ohel Kef is Open Your kids need a break? Come see what the Ohel Kef has to offer	Tent near the Chet
	Gan is open	
	Campers will be dropped of and picked up at Cafe Ramah  Plan on a visit to our agam (lake) for some beach time. Please come dressed in a bathing suit  with sunscreen already applied.	
9:15am - 12:40pm	Bring in a bag or wear EVERYDAY you come to Gan: (Please be sure all items are labeled) - change of clothes - hat - beach towel - sunscreen - Athletic shoes/Beach shoes - water bottle	
	Kids camp is open for Keshet, Perachim and Shemesh (rising K-7th grade)	
	Campers will be dropped off and picked up outside the Chadar Ochel Plan on a visit to our agam (lake) for some beach time. Please come dressed in a bathing suit with sunscreen already applied.	
9:15am - 12:40pm	Meet your Rosh Edah after the group photo Plan on a visit to the our agam (lake) Bring a bag with or wear: - bathing suit - change of clothes - hat - beach towel - sunscreen - Athletic shoes/Beach shoes - water bottle	

	Sunday, May 25, 2025 Continued	
	27 Iyar 5785	
TIME	ACTIVITY	LOCATION
0:20 11	Adult Omanut (Art) Clinic	
9:30am - 11am	Journal Making and Card Creations	Beit am bet
	Adult Chugim (activities)	
9:30am - 10:30am	- Fitness room is open	BAG
	- Fishing with Sean	Meet outside BAG
	Adult Learning With Rabbi Ita Paskind	
	Celebrating Shavuot With Our Children.	
10:30am-11:30am	We will reflect on the many themes of the upcoming holiday and	
	have fun considering engaging and (hopefully!) new ways to	
	celebrate with our children	
11am-12:30pm	Adult Omanut (Art) Clinic	
	Create a trinket holder and key chain	Bet Am Bet
	Adult Chugim (activities)	
11:30am - 12:30pm	- Explore the trails of Ramah - bug spray and comfortable shoes are strongly recommended!!	Meet outside the BAG
	- Pickle Ball Courts Open	Tzad Bet Tennis Courts
	·	
12pm - 2pm	Roo Brew (Coffee Cart) Is Open	O"CH
12:45pm - 1:30pm	Lunch	Chadar Ochel
	If you didn't sign up at breakfast, be sure to sign up for afternoon	
	family activities on a first come - first serve basis	
1:30pm - 2:30pm 2:30pm - 5:30pm	Menucha (rest and regroup)  Family Chugim (Activities)	Various locations
2.30pm - 3.30pm	Each activity is offered three times.	T
	- Boating - Limited number of people per rotation. Sign up in the	Trad Alof Agam (Lako)
	chadar at breakfast.	Tzad Alef Agam (Lake) Bet Am Bet
2:30pm Rotation 1	- Omanut (Art) Clinic (feel free to stay as long as you want!!)	
3:30pm Rotation 2	Friendship Bracelets, Lantern Making, and Perler Fused Beads	Ivrit Classroom
4:30pm Rotation 3	- Science - Fun with Slime	Bet Am Gadol
noopin notation o	- Basketball/Knock out	Pinat Teva
	- Planting - help us start the Ramah Garden!!	Grass near the OCH
	- Tie-Dye	
	<u> </u>	
	Get Ready for Dinner and Medurah	1
5:30pm - 6pm	Get Ready for Dinner and Medurah Bug spray and long sleeves/pants strongly recommended	Various Locations
5:30pm - 6pm 6pm - 6:45pm	Get Ready for Dinner and Medurah Bug spray and long sleeves/pants strongly recommended  Dinner	Various Locations  Chadar Ochel
5:30pm - 6pm 6pm - 6:45pm 7pm - 8pm	Bug spray and long sleeves/pants strongly recommended  Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.	Chadar Ochel Kfar Nivonim
6pm - 6:45pm 7pm - 8pm	Bug spray and long sleeves/pants strongly recommended  Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade)	Chadar Ochel Kfar Nivonim
6pm - 6:45pm	Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade) Join your friends for some pre-bedtime fun	Chadar Ochel  Kfar Nivonim  BAG
6pm - 6:45pm 7pm - 8pm 8pm - 8:30pm	Bug spray and long sleeves/pants strongly recommended  Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade)  Join your friends for some pre-bedtime fun  Night Stalker For Shemesh (5th-7th Grade)	Chadar Ochel  Kfar Nivonim  BAG
6pm - 6:45pm 7pm - 8pm	Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade) Join your friends for some pre-bedtime fun	Chadar Ochel  Kfar Nivonim  BAG
6pm - 6:45pm 7pm - 8pm 8pm - 8:30pm 9pm - 9:45pm	Bug spray and long sleeves/pants strongly recommended  Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade)  Join your friends for some pre-bedtime fun  Night Stalker For Shemesh (5th-7th Grade)	Chadar Ochel  Kfar Nivonim  BAG  Machaneh Gimel
6pm - 6:45pm 7pm - 8pm 8pm - 8:30pm	Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade) Join your friends for some pre-bedtime fun  Night Stalker For Shemesh (5th-7th Grade) Be sure to wear bug spay and long sleeves/pants!!	Chadar Ochel  Kfar Nivonim  BAG
6pm - 6:45pm 7pm - 8pm 8pm - 8:30pm 9pm - 9:45pm	Dinner  Medurah (Campfire) Campfire with smores!!! All are welcome with a grownup.  Peulat Erev for Perachim (2nd-4th grade) Join your friends for some pre-bedtime fun  Night Stalker For Shemesh (5th-7th Grade) Be sure to wear bug spay and long sleeves/pants!!  Shmirah	Chadar Ochel  Kfar Nivonim  BAG  Machaneh Gimel

	Monday, May 26, 2025	
TIME	28 lyar 5785	LOCATION
7:30am - 9:30am	Roo Brew (Coffee Cart) is Open	Chadar Ochel
7:45am	Shacharit Experience a Ramah-Style <i>Shacharit</i>	Bet Am Bet
8:15-9am	Breakfast	Chadar Ochel
9 - 10am	Edah Time  Meet your Rosh after breakfast!	Meet in the O"CH
9 - 10am	Gan is open Come play with your new friends!	Cafe Ramah
9 - 10am	Adult Clean Up and Pack Up	Various Locations
10am - 12pm	Ohel Kef - Fun Tent is Open!	Outside Bet Am Gadol
10am - Rotation 1 11am - Rotation 2	Family Time - Choose Two  Each activity is offered two times. Be sure to sign up at breakfast  - Boating  - Planting - help us start the Ramah Garden!!  - Pickle Ball Courts Open  - Omanut (Arts) Clinic  Clay Sculpture, Beaded Lizards, Canvas Bags, Lanyards	Tzad Aleph Agam Pinat Teva Tzad Bet Tennis Courts Bet Am Bet
12:00pm - 12:15pm	Picnic/Pack Out Lunch Pick-up	Picnic in camp or take to go.





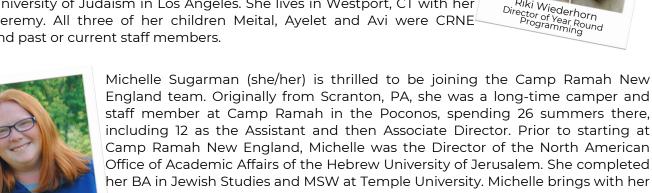


## Ramah New England Meet Our Team



Rabbi Ed Gelb (he/him) has served as director of Camp Ramah in New England since September of 2005, and C.E.O. since October of 2018. Ed joined CRNE after a successful five-year tenure as director of Camp Alonim, which is affiliated with the Brandeis Bardin Institute in California. Raised in Wyoming, Ed is a longtime Ramahnik, having served on the staffs of Ramah California and Ramah Canada for many years. Prior to becoming director of Camp Alonim, Ed was a teacher, administrator, and basketball coach at Yeshiva University High School in Los Angeles. Ed received his ordination from the Ziegler School of Rabbinic Studies at the University of Judaism and graduated from UCLA with a BA in History. He lives in Sharon, Massachusetts with his wife, Tami, and their children, Yoni, Emma, Tova, and Zachary.

Riki Wiederhorn (she/her) has been a part of the Camp Ramah Camper Care Team since 2011 and is now also the Director of Year-Round Programming, but her connection to Ramah began as a camper in Camp Ramah Ojai in the 80's. Prior to joining the year-round staff, she worked in various formal and informal Jewish educational settings including Bi-Cultural Hebrew Academy in Stamford, CT for almost a decade. Riki holds an undergraduate degree from the University of California at Santa Barbara (political science) and an MA in Jewish Education from the University of Judaism in Los Angeles. She lives in Westport, CT with her husband Jeremy. All three of her children Meital, Ayelet and Avi were CRNE campers and past or current staff members.



England team. Originally from Scranton, PA, she was a long-time camper and staff member at Camp Ramah in the Poconos, spending 26 summers there, including 12 as the Assistant and then Associate Director. Prior to starting at Camp Ramah New England, Michelle was the Director of the North American Office of Academic Affairs of the Hebrew University of Jerusalem. She completed her BA in Jewish Studies and MSW at Temple University. Michelle brings with her a love of camp, a wealth of experience, and a plethora of innovative and creative ideas that will continue to make Ramah New England a leader in Jewish camping. When not watching the Eagles, Michelle is reading books, hanging out with family & friends, or watching The Office.

Josh Edelglass (he/him) has been spending his summers at Camp Ramah New England since 1987, and he began working on staff in the summer of 1995. Josh graduated magna cum laude from Brown University in 1999 and received his Masters in Jewish Studies from Gratz in 2022. He joined the year-round team in 2000, and was the Assistant Director from 2011-2022. Josh has worked on the faculty of Prozdor Hebrew High School, Temple Aliyah in Needham, Temple Israel in Natick, Tifereth Israel in Andover, Temple Emanu-El in Haverhill, and Congregation Kehillath Israel in Brookline. Somehow, on top of living and breathing Camp Ramah, Josh continues to work as a freelance illustrator, and to write about movies, TV shows, and lots more at his web-site: www.MotionPicturesComics.com. He lives in Medfield, Massachusetts with his wife, Stephanie, and their children Tahlia and Reya.



Riki Wiederhorn

Michelle Sugarman

Director

## Ramah New England Meet Our Team



Ed Pletman (he/him) joined Camp Ramah New England as the Director of Finance and Operations in July, 2012. Prior to that, Edworked professionally as the Director of Informal Education at the Combined Jewish Philanthropies of Greater Boston, the Director of Camp Tevya (Cohen Camps), and for many years at the Jewish Community Centers of Greater Boston. Ed completed his BS in Psychology at Union College and his MSW at Boston University. For many years, Edhas also volunteered as a Standards Accreditation Visitor with the American Camp Association. During the offseason, Ed lives in Stoughton Massachusetts.

Pamela (she/her) joined Ramah New England in 2019 after growing up at several Ramah camps and working as a Rosh Edah at Ramah Day Camp in Nyack, NY. Pamela earned her BA in Psychology from the University of Maryland, where she also minored in Jewish Studies. Pamela is currently working towards her MSW at Columbia School of Social Work as well as an MA in Jewish Professional Leadership from the Jewish Theological Seminary. She is a Nachshon Project Graduate Fellow through which she has grown her love for Jewish community. Pamela loves to read, craft, and explore NYC.





Emily Odesser (she/her) is ecstatic to join the Camp Ramah in New England year-round team as Director of Camper Care. Emily was a camper at Palmer from 2001-2007, attended Ramah seminar, and was a staff member from 2010-2016 as a madricha, Rosh Edah, and program staff (and one summer as a Rosh Edah at Ramah DC Day Camp in 2019!). Emily is a licensed clinical social worker; she received her BA in Brain Behavior and Cognitive Science as well as her MSW and certificate in Jewish Communal Leadership from the University of Michigan in Ann Arbor. She has been practicing medical social work for the past several years and is excited to return to camp where her social work interests began. Emily resides in Rockville, Maryland with her husband Adam (who she met at camp when he came as a member of the mishlachat), and two children Priya and Liad.

Sean Carey (he/him) has been the Chef Manager at Camp Ramah New England since 2010, and Jackie Romito-Carey (she/her) joined him in the kitchen in 2021. Both have worked in food service since a very young age, but Sean prefers preparing the food and Jackie enjoys serving the guests. They are at camp yearround, focusing on campers in the summer months, and retreats the rest of the year. In their free time, Sean and Jackie enjoy traveling the country with their dog, Fin, and cat, Stella, looking for new and different sights to see and foods to try.



## Ramah New England Meet Our Team



Rabbi Rachel Silverman (she/her) first joined the Camp Ramah New England staff as a Rosh Edah at the overnight camp from 2005-2010. Many years later, she's thrilled to be back as the Director of Ramah Boston, our newest day camp. Rabbi Silverman previously served as a congregational rabbi in both Brookline and Sharon, MA, after receiving her ordination from the Jewish Theological Seminary in 2010. When she is not at camp, she is a ceramic artist and enjoys biking, cooking, and gardening. She lives in Sharon, MA, with her husband Josh, their three kids (Anna, Danny, and Benjamin), and dog (Abby)

Rabbi Jill Levy (she/her) joined the Camp Ramah New England staff in September 2019, after five years as Rabbi at the Evelyn Rubenstein JCC in Houston, where she also served as Director of their largest day camp, Camp Kaleidoscope. Rabbi Jill spent three summers on staff at Ramah Darom and one summer on staff at Ramah Nyack. Prior to her position at the Houston JCC, Rabbi Jill was Director of Congregational Learning at Herzl-Ner Tamid in Mercer Island, WA. Rabbi Jill received her ordination from the Jewish Theological Seminary in 2011. While in rabbinical school, she was a Wexner Graduate Fellow and served as student rabbi in several different congregations. In addition, she completed a summer of clinical pastoral education at St. Luke's and Texas Children's Hospitals in Houston. Rabbi Jill also earned a bachelor's degree from the University of Washington and a Master of Public Administration from Columbia University. She currently lives in Rockville with her husband, Matt, and two daughters (and eager campers), Nava and Miri. In her free time, you can find her running or bike riding on one of the many trails in the D.C. area.





A Maryland native, Sharon Rosenberg Safra (she/her) received her BA in Judaic Studies from the University of Michigan and a Masters of Jewish Education from the Davidson School of the Jewish Theological Seminary. Sharon the yoetzet (parent liaison) at the Ramah Day Camp of Greater Washington in its opening summer and then joined the year-round team in December 2015. Prior to Ramah, she worked as a synagogue educator for many years. She and her husband, Rabbi Michael Safra, are the proud parents of three happy Ramahniks - Rebecca, Ethan, and Gila. Sharon believes strongly in the power of community and enjoys her work building a diverse summer kehillah (community) each year. When not at work or with her family, you can often find Sharon cooking, exercising or reading.

Emma Gelb (she/her) loves camp more than anything and has been part of the Camp Ramah family for over 19 years! She earned her Master's degree in Special Education in the spring of 2023 before joining the year-round team here at Ramah. When she's not working, Emma enjoys volunteering with children in foster care, playing the guitar, and pottery!



## Ramah New Enlgand ~ Summer Programs





Ramah Day Camp Greater Boston will return this summer for the 4th year with the very best Jewish camping experience. This well-rounded program will expose kids to sports, arts, outdoor education, and more! Your child is bound to come home happy, tired, and ready to share all about their day. Email ramahboston@campramahne.org to learn more about this exciting program!



At the Ramah Day Camp of Greater Washington, DC, we provide children entering grades K-5 with the very best camping experience in a setting of love, friendship, wonder and discovery, and a place where Judaism is integral to daily activities. We will offer three two-week sessions and a final add-on week. Of course, we love when families take advantage of our full summer discount and enroll their child(ren) for all 7 weeks! Email dcdaycamp@campramahne.org to learn more about our 2 week sessions and full session.







For families who want their kids to love being Jewish, Camp Ramah is THE Jewish overnight camp! At Ramah New England, campers love being Jewish. We weave together fun and meaningful Jewish experiences with all the activities kids love — all in a welcoming, inclusive environment, where kids make life-long friends. We offer unparalleled camper care and inspiring role models. Campers have the option to come for the full summer or can take advantage of one of our 4-week sessions. We also offer a Mini-Kochavim session and a Mini-Amitzim session. Email info@campramahne.org to learn more about any of our sessions!











### Camp Ramah Easson ~ Eafety & Security

### **SAFETY & SECURITY**

Ramah New England has developed comprehensive safety and security protocols in consultation with the Palmer Police Department and Security Experts and Consultants. Highlighted below are key elements of our protocols. We ask all guests to review this document at the beginning of your stay.

Every building has an emergency exit plan posted and is equipped with fire extinguishers. PLEASE MAKE NOTE OF EMERGENCY EXITS WHENEVER YOU ENTER A BUILDING.

Note that there is always a security officer on-site throughout the weekend.

#### MEDICAL EMERGENCY

A first aid kit and AED are available at the *Chadar Ochel* (Dining Room).

### In the Event of a Medical Emergency:

- IMMEDIATELY DIAL 911.
- Give location, sex, and approximate age of victim and if possible, the type of emergency.
- Then alert a Ramah New England staff person of your emergency.

Stay with the injured person until help arrives. Try to calm, reassure, and stabilize the person. Never move an injured person with a suspected neck or back injury. When medical staff arrives at the scene, summarize the situation and answer questions.

#### **FIRE**

### If you spot a fire:

- Leave the building and do not re-enter to remove personal property.
- IMMEDIATELY DIAL 911. Give location, and if possible, type of fire (grease, electrical, paper, etc.). Then alert a Ramah New England staff person of your emergency.
- If a phone is not accessible, sound the closest fire alarm.
- If a campus-wide fire alarm is sounded, all guests should proceed immediately to the *Machaneh Gimel* (field in between the *Bet Am Gadol* (Gym) and Alpine Tower) and remain there until the "all clear" signal has been given.
- If the fire occurs on or near Machaneh
   Gimel, all guests should proceed to the Tzad
   Bet field in between the B-Side Tennis
   Courts and Little House.

### **SEVERE WEATHER**

### Thunder and/or Lightning:

Gather your family/group and move to a safe area (large indoor facility, bunk porch or common room) until the weather has passed.

### Tornado Warning:

Head immediately to one of the following designated emergency locations: Library Basement, Guest House Basement, or Bunk 80 Basement. When at location, stay away from windows. Stay at designated emergency location until the "all clear" has been given.

#### **ACTIVE SHOOTER**

- First and foremost: EVACUATE if at all possible, leaving the area by the quickest route available. If necessary, leave the campus grounds. Leave your belongings behind.
- Call 911 as soon as it is safe to do so.
- If you are not able to evacuate, HIDE OUT in an area out of the active shooter's view.
   Block entry to your hiding place. If possible, lock the door. Silence your cell phone (including vibrate mode) and remain quiet.
- TAKE ACTION only as a last resort and only when your life is in imminent danger.
   Attempt to incapacitate the shooter. Act with physical aggression and throw items at the active shooter.
- When law enforcement arrives, remain calm and follow the officers' instructions.
   Immediately raise hands and spread fingers.
   Keep your hands visible at all times. Avoid quick movements toward officers whenever possible.

#### CAMP RAMAH NEW ENGLAND Bennett St. מחנה רמה בניו אינגלנד Climbing Wall 28 D D 29 Guardhouse ENTRANCE Basketball Courts 0 Tennis Courts Solelim **IZAD ALEPH** Main Office Nagarut Gan Bet Am Aleph Director's House Tzad Aleph Waterfron 36 Building 26 Gazebo Classrooms Amphitheatre 0 Bunk 34 Beit Midrash (Pattaquatic Pond) AGAM Guest House Tzad Bet Waterfront 3eit Knesset Chet Building Sifriyah - Pinat Teva Mirpa'ah (Health Center) Guest House Parking (Old K'far) Pi House Ohel . Gazebo Chorshah (Grove) Moadon Bogrim Bunk 84 Chadar Ochel Basketball Bet Am Bet (Butler Bldg.) Cafe Ramah Moadon 63 64 65 B Voc-Ed/80 Volleyball . Hockey Moadon FIZevet Little House Feva Building — TZAD BET 41 40 39 38 Gagarena Gagarena Tennis courts Archery Range AND RAA Bunk 83 Bunk 81 Bunk 62 Bunk 60 Bunk 54 Bunk 42 Bunk 58 Bunk 52 Bunk 44 Bunk 46 Moadon Magshimim Bunk 51 Bunk 48 Bunk 50 Bunk 49 Bunk 56 Machaneh Gimel Alpine Tower



# Thank Jou!

We hope you join us again for The Ramah Family Shabbaton