



## 2026 Springfield Pharmacy Prescription Information Packet

- Please read this entire packet if your child(ren) will need prescription medications or vitamins at camp this summer and **note what Springfield Pharmacy will fill and the exceptions list on the second page**.
- This is also required for children of staff members (unless they are in the Gan).
- Please contact **Springfield Pharmacy** directly with any questions about the registration process. They can be reached at 413-266-3462 or [services@springfieldpharmacyonline.com](mailto:services@springfieldpharmacyonline.com).
- If your child will be taking any scheduled medications or vitamins at camp, you must also complete our online Medication/Vitamin Review Form that will be activated in your CampMinder account in May.

**Springfield Pharmacy Registration Deadline: 30 days prior to your child's arrival at camp.** This deadline is very important as Springfield Pharmacy cannot guarantee that medications for late registrants will arrive at camp on time.

### Springfield Pharmacy Information Packet Contents:

- Pages 2-3: Letter from Rabbi Ed Gelb, CEO, Ramah New England
- Page 4: Springfield Pharmacy instructions for registration
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January 2026

In our ongoing commitment to ensure the safety of our campers who take any medications or vitamins while at camp and to comply with strict state regulations regarding medication dispensing for summer camps, we are pleased to continue our partnership with Springfield Pharmacy to pre-package and deliver all medication and vitamins for our campers. If your child takes any prescription medications, over the counter (OTC) medications, vitamins or supplements, we require that you use their service. (See exceptions list below.)

Our policy and procedure for dispensing and administering medication requires camp families to have all camper medication and vitamins that are taken on a regular basis to be dispensed by Springfield Pharmacy.

**Springfield Pharmacy accepts most commercial insurance and can fill many prescriptions that our previous vendor, PackMyRx, was unable to fill. Even if you have been unable to use PackMyRx for camper prescriptions in the past, we ask that you register with Springfield Pharmacy to see if they can fill your camper's prescriptions.**

As part of our preparations for *Kayitz* 2026, our Medical Committee and Marp staff are asking for your support to help us streamline the medication distribution process. Our nursing staff works hard to take care of each camper's needs, and to ensure a healthy camp season by delivering medications safely and efficiently. Please support our efforts by keeping the following in mind:

- **Please note: Campers may not arrive at camp or at the bus stop with medications or vitamins that should have been ordered through Springfield Pharmacy.** Please see below what is required to be filled by Springfield Pharmacy. More than ever this summer we need your full cooperation with this policy. **It is imperative that all medications and vitamins that can be filled by Springfield Pharmacy are processed by them in advance of your camper's arrival at camp and not brought to camp by families. If your camper arrives at Ramah with prescriptions that should have been filled through Springfield Pharmacy, your family will be charged a \$100 administrative fee.**
- We would like to reduce the number of campers congregating as they wait for medication distribution. Please bundle your camper's medications to be dispensed into as FEW visits as possible to our medication distribution station.
- Please remember that if your camper takes an over the counter (OTC) medication daily you must order this through Springfield Pharmacy (see exceptions below).
- If your camper takes ONLY vitamins/ OTC medications or supplements that they can do without while at camp, please consider discontinuing their use this summer.
- If the timing of your camper's medication does not have to be specific, please request the distribution of the medication at lunchtime, which is the least busy medication distribution.
- The latest time for bedtime medication distribution will be 8-8:30pm on Tzad Aleph and 10-10:30pm on Tzad Bet.



## **Requirements and Exceptions**

### **Springfield Pharmacy must fill:**

- Prescription medication in pill form (daily and "as needed").
- Vitamins (for specialty vitamins or supplements, please contact Springfield Pharmacy directly to confirm they can provide.)
- Liquid medications, drops, and all injections are required through Springfield Pharmacy, other than insulin, which is optional.

### **Exceptions:**

- 1) Accutane cannot be dispensed by Springfield Pharmacy.
- 2) Growth hormone injections cannot be dispensed by Springfield Pharmacy.
- 3) Insulin, EpiPens, and inhalers can be dispensed by Springfield Pharmacy if you like but are not required.
- 4) Any medication or vitamin that Springfield Pharmacy has confirmed they cannot provide.
- 5) Lactaid (see below).



### **OTC Medications for Campers' scheduled/as needed use**

Our Health Center stocks many OTC medications for camper and staff use. Medications such as Tylenol and Ibuprofen will be given for the occasional headache, etc. This summer the Health Center will also stock some commonly used OTC meds for campers' use on a regularly scheduled basis. These medications will include:

- Benadryl liquid and 25mg pills
- Zyrtec 10mg pills
- Zyrtec liquid
- Claritin 10mg pills
- Xyzal 5mg pills
- Xyzal liquid
- Melatonin 1mg, 3mg, and 5mg gummies
- Allegra 180mg pills
- Lactaid
- Miralax powder
- Tums

If your camper uses one of these OTC meds, and no other prescription meds, you do not need to register with Springfield Pharmacy. If your child uses one of these but at a different dosage you must order through Springfield Pharmacy.

Please note that we will not be providing Claritin Reditabs or liquid; if campers cannot swallow Claritin pills, families should order these formulations through Springfield Pharmacy.

**Lactaid is Provided by Camp:** Please note that we will once again provide OTC Lactaid in the dining hall before meals. If your child requires Lactaid, please make sure to indicate this in their online Health History AND on the online Medication Review form (that will be activated in your account in May), so they are on the correct list to receive it.

**We want to be clear that we require 100% participation from families with campers who will need medication while at camp, including children of staff members.** The only exception to this procedure is if Springfield Pharmacy notifies us that they are unable to accept your insurance or to provide the specific medication.

**If your camper does not take medication, you do not need to register with Springfield Pharmacy.**

There is no fee to families for using Springfield Pharmacy's services.

If your camper will be taking medications or vitamins at camp this summer, please read the following information from Springfield Pharmacy and visit their website, <https://springfieldpharmacyonline.com>, for additional information. Registration opens on February 1 and should be completed on their website. **The deadline to register is 30 days before your camper arrives at Ramah.** It is extremely important that you register as soon as you are able. Springfield Pharmacy cannot guarantee that medications for late registrants will arrive at camp on time.

**Please note:** If your camper arrives at Ramah with medications or vitamins in pill form and you have not registered with Springfield Pharmacy, we will charge your family a \$100 administration fee.

If you have any questions about the Springfield Pharmacy registration process, please contact them at 413-266-3462 or [services@springfieldpharmacyonline.com](mailto:services@springfieldpharmacyonline.com). For other questions, please contact [registrar@campramahne.org](mailto:registrar@campramahne.org). We look forward to an amazing summer and are confident that this program continues to help us achieve our primary goal, *the health, well-being and safety of your child*.

*Kol tuv,*

**Rabbi Ed Gelb**  
**CEO, Ramah New England**

**Ed Pletman**  
**C.O.O. Ramah New England**

**Laura Berger, RN**  
**Nurse Director**  
**Ramah New England**



### **Springfield Pharmacy Registration Instructions**

Springfield Pharmacy will package your child's prescriptions in strips of individual pouches labeled with your child's name, medication name, date, and time of administration. This distribution method is endorsed by the American Camp Association, as it helps nurses be better organized and helps avoid potential errors. It allows your children to return to their camp activities more quickly; administering medications that are pre-packaged and organized reduces their time spent in line waiting. In addition, it frees up our nurses' time to devote to your child's other healthcare needs.

Medication at camp is dispensed at wake-up, mealtimes, and bedtime. Medications will be dispensed at a different time of day **only** if it is medically necessary and a specific time is written on the prescription. You are responsible for checking that your child's prescriptions are written exactly as the medication is to be given. For example, if the medication is to be taken only as needed, the prescription must be written that way. If the medication is to be the "brand drug," the prescription must be written with the words "Brand Name Necessary" or the generic will be dispensed.

#### **Registration:**

- **Registration opens on February 1<sup>st</sup>.**
  - Please register as early as possible so Springfield Pharmacy can guarantee the timely arrival of medications to camp prior to the start of the session.
- Complete your registration at <https://springfieldpharmacyonline.com>
- Prescriptions must be sent at least one month before camp starts directly to Springfield Pharmacy by your physician.

**Fees:** There is no charge to families for using Springfield Pharmacy's services. However, delivery of your camper's prescriptions will be delayed if registration is not completed, and prescriptions are not sent at least 30 days prior to their arrival at camp.

#### **30 days before camp starts, Springfield Pharmacy must have:**

- A completed registration.
- All prescriptions for 30 days plus a refill or additional scripts for controlled substances.
- Copy of insurance card, if applicable.

#### **Insurance:**

- Most commercial prescription insurance plans are accepted.
- Springfield Pharmacy will bill insurance shortly before camp starts, or during camp if necessary.
- Parents are responsible for all out-of-pocket expenses.

#### **Springfield Pharmacy must fill:**

- Prescription medications (scheduled and "as needed").
- OTC medications used on a regular schedule that Camp does not provide (see list on page 4)
- Vitamins (for specialty vitamins or supplements, please contact Springfield Pharmacy directly to confirm they can provide.)
- Liquid medications, drops, and all injections are required through Springfield Pharmacy, other than insulin, which is optional.

#### **Exceptions:**

- 6) Accutane cannot be dispensed by Springfield Pharmacy.
- 7) Growth hormone injections cannot be dispensed by Springfield Pharmacy.
- 8) Insulin, EpiPens, and inhalers can be dispensed by Springfield Pharmacy if you like but are not required.
- 9) Any medication or vitamin that Springfield Pharmacy has confirmed they cannot provide.
- 10) Lactaid (provided at camp)



## Instructions for Physicians

Dear Physicians,

Your patient is getting ready to go to summer camp. To streamline medication administration, and lessen medication errors, Camp Ramah New England has established a partnership with Springfield Pharmacy to package all medications in convenient strip pouches.

Here is all the information you will need to send their prescriptions to us and some general guidelines.

Springfield Pharmacy  
2547 Main St, Springfield, MA 01107

PHONE: (413) 266-3462

### General Guidelines

#### **Controlled Substance Prescriptions:**

- Must be sent by either electronic script or by mailing the original script to us.
- Each script must be written for #30

#### **Non-Controlled Prescriptions:**

- Each script for #30 with refills to last for the camp season
- All prescriptions should be clear for what **time of day** the medicine should be administered.
- We can package  $\frac{1}{2}$  pills if necessary.
- Generics will be dispensed unless brands are specifically requested by physician. If you write "brand name necessary" we will try to bill the insurance for the brand. If the insurance does not cover it, it will be up to the parents to decide if they wish to pay for it.
- EpiPens, inhalers, creams, eye/ear drops and gummy medications/vitamins will not be packaged in pouches but can be shipped to camp.
- Springfield Pharmacy cannot dispense growth hormone or Accutane.
- Birth control can be dispensed if needed.